

Delia's Story

Delia Ramirez: My name is Delia Ramirez, and I am a grandparent raising grandchildren. I was found at home with two babies 24/7, [Laughing] and with problems. The oldest one was having terrible tantrums and situations, and it was very hard. I felt kind of defeated. I did not know anyone to go to. I remembered Head Start, never knowing what a fabulous program this was. I never imagined that they were going to be taking care of the girls, teaching the girls, and helping the family as a whole. They gave me the opportunity of taking college courses. They gave me the opportunity to tell my story, to be able to help other people. They took me to Washington to talk to Senators and Congresspeople Me! [Laughing] I feel empowered now, as a grandmother and as a mother and as a person going through this opioid crisis. And I feel confident that my grandchildren will be good, just because they went to Head Start.