





While You're Waiting

Special Teacher Time: Preschool Environments
Ten Tips for Creating Supportive Environments That Can Prevent Behaviors That Challenge Us



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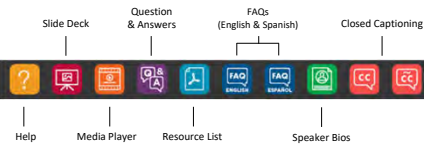
August 11, 2022

Ten Tips for Creating Supportive Environments That Can Prevent Behaviors That Challenge Us

Host Gail E. Joseph, NCECDTL	Host Saameh Solaimani, NCECDTL	Host Virginia Tse, NCECDTL
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Webinar Features

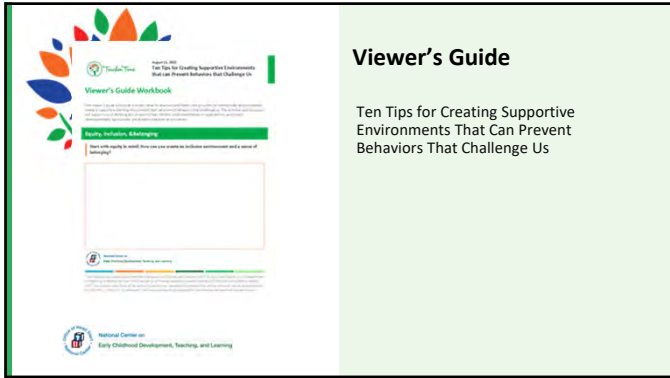


Slide Deck Question & Answers FAQs (English & Spanish) Closed Captioning

Help Media Player Resource List Speaker Bios



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Viewer's Guide

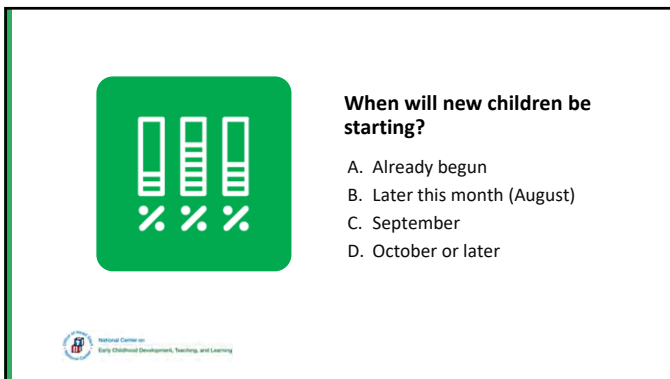
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The Feelings Tree

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When will new children be starting?

- A. Already begun
- B. Later this month (August)
- C. September
- D. October or later

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Equity, Inclusion, & Belonging

Create environments that are inclusive and lead to a sense of belonging



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#10 Establish a Predictable Schedule

- Visual schedule
- Use consistently
- Keep it simple
- Balance activities
- Post it!
- Refer to it often
- Communicate changes
- Individualize




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Reviewing the Schedule

Watch this educator review the schedule





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#9 Physical Arrangement

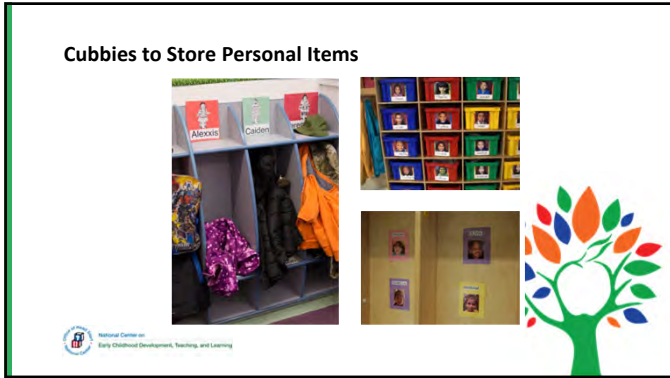
Create a welcoming environment where:

- Children see themselves
- Everyone belongs





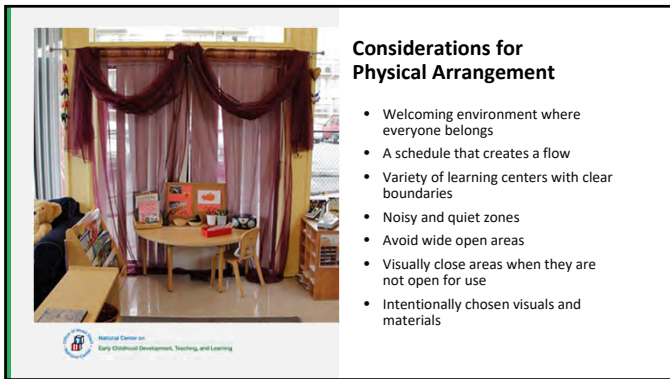
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#8 Establish Routines




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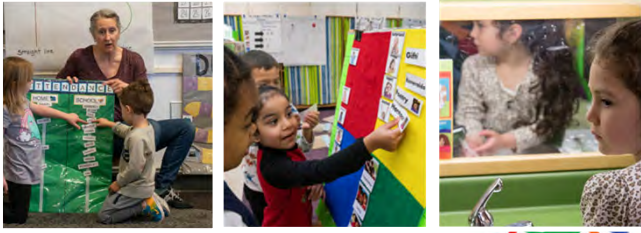
What are some of the routines in *your* setting?

Enter your answers into the Q & A




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Arrival: What will children do during arrival?




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Example of an Arrival Time Routine



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Routines Within Routines

- Good morning song
- Look at calendar
- Movement activity
- Book

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Waiting for Turns

What will children do when having to wait for a turn?

- Counting cards
- Timers
- Choice cards


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DIY Sand Timer

Let's watch how you can make your own sand timer!



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#7: Supportive Transitions

Eliminate


- unnecessary transitions and wait time

Teach


- the expectations during transition time

Use

- a consistent cue that signals a change (e.g., bell, drum, song)




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**Supporting Transitions:
Use a motivating activity**




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Preparing Children for Transitions

Teacher Aubrey shares helpful tips on preparing children for transitions




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Supporting Transitions: Begin when just a few children are ready


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Supporting Transitions:
Transition cue cards help children know what comes next







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Helping Transitions move forward

Teacher Jenny shares ideas to help transitions to move forward smoothly




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**Supporting Transitions:
Ideas for transition time with one teacher**




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Transitions with One Educator

Teacher Jenny touches on how to support transitions when there's only one educator present.



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Provide Choices to motivate a transition

“Do you want to sit on the green mat or blue mat?”

“Would you like to use a scoop or the tongs?”

“Do you want to put away the blocks or the farm animals?”

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Transition Planning

Jot a few ideas in your viewer's guide and make a plan to complete the transition planning guide with your teaching team

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#6: Rules

A few simple, **positively stated** rules, that frame **safety** and the **well being** of community members and materials

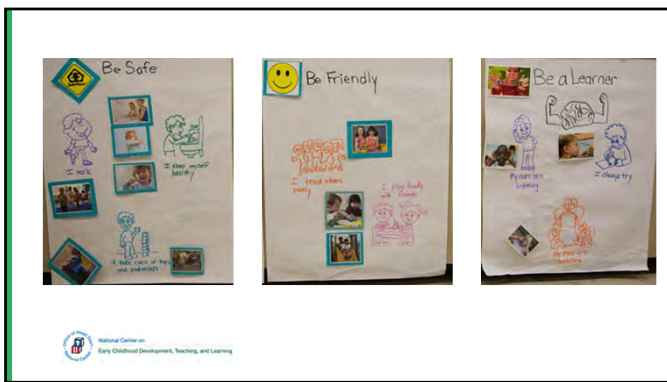
- Involve children in developing rules
- Focused on keeping self, others and the classroom safe and ready for learning
- Teach proactively
- Post where children can see them
- Communicate to families
- Reinforce at high rates at the beginning and at lower rates throughout the year

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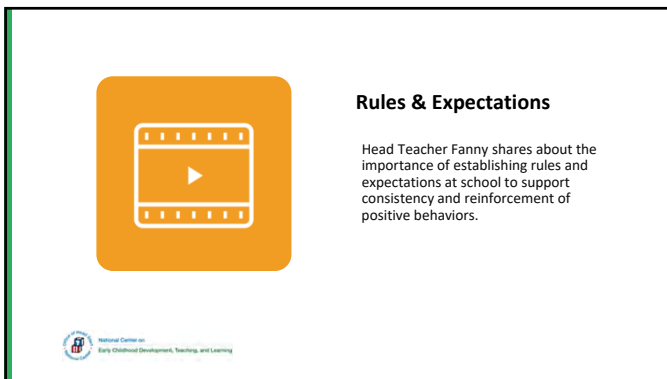
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#5 Staffing Charts & Zoning

- Zoning is an effective practice used to:
- support children's active participation and engagement in the classroom
 - organize classroom staff by assigning specific roles and duties for the day or during a specific time of day, such as free play or outdoor time



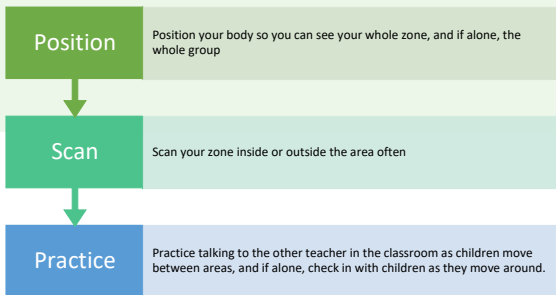
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Example of a Staffing Chart with Zones


Activities/ Transitions	Staff Person A	Staff Person B	Staff Person C
Arrival	Greet children and parents	Help children put away backpacks	Get tables ready for breakfast
Breakfast	At red table	At blue table	At green table
Transition to outside	Signal transition/ blow bubbles	Clean up breakfast tables	Help children to transition
Outside	At big toy	In the field	Clean and sanitize tables
Transition to classroom	Help children transition to circle time	Signal transition	Help children wash hands
Circle time	Support children at circle	Lead circle	Break
Centers	Zone 1	Zone 2	Zone 3

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Tips for Zoning




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Benefits of Zoning

Teacher Whitney speaks about what zoning is and why it's important for an early childhood education setting.




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#4 Create a Prepared, engaging environment with prevention in mind

- Organized and ready before children arrive
- Visual supports
- Expected behaviors



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Visuals: Rules and Routines






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Visuals: Support Play

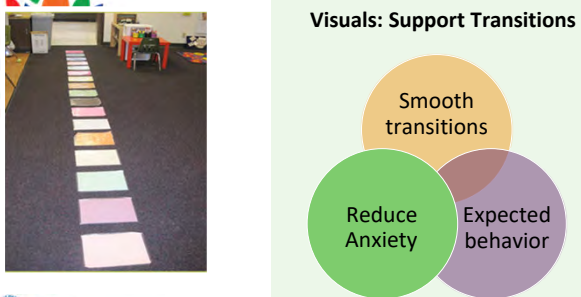


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Visuals: Support Transitions



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Using Visual Supports

See these experienced teachers discuss using visual supports to support positive behaviors in the learning environment.

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#3 Getting to Know Children and Families

- Open houses, curriculum nights, classroom visits
- "All about me" surveys
- Home visits
- Incorporating children's interests from day one
- Helping to ease separation anxiety for young children and families

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Getting to Know Children and Families Video

Dr. Kathleen Meeker, Assistant Professor of Special Education at the University of Washington speaks about the importance of getting to know children and families from the very beginning.

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#2 Encourage

Offer behavior specific praise and encouragement

Think about what you want to see more of

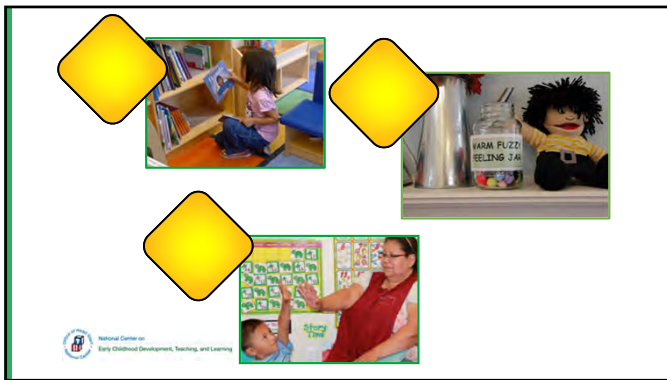
- Make a point to notice this throughout the day
- Make reminders for yourself to notice

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What do you want to see more of?

Challenging Behavior	What do you want to see instead?	What would you say before?	Encourage
Ex. Running in halls	Walking	"Use your walking feet" "Walk in the halls"	"Jackson is using his walking feet!"
Ex. Screaming	Talking	"Inside voices" "Two-inch voices"	"Shana is using an inside voice – high five!"
Ex. Hitting	Using words	"We have six children and one glue bottle, what can you do if you want a turn? That is right, ask!"	"Franklyn – that was such nice asking! And Jordan shared right away!"

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The Importance of Self-Care

“The difference between effective and ineffective moments working with young children is often caused by our own social emotional health and general wellbeing.”



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Velcro for Bad, Teflon for Good



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Gratitude



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Gratitude


- Gratitude journals



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Live Q&A

If you have questions for us, put them in the Q&A and we'll do our best to answer your question!



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<https://bit.ly/DTL-PUSHPLAY>



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Thank You!

Stay Tuned for Next Season!

- Oct. 05, 2022
- Nov. 03, 2022
- Dec. 01, 2022



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<https://eclkc.ohs.acf.hhs.gov/mypeers>




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http://bit.ly/iPD_ECLKC



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We Want to Hear From You!

Please take some time to complete the session evaluation.

For more information contact:
ecdtl@ecetta.info
 (Toll-free 1-844-261-3752)

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