



A national campaign from the
Office of Head Start

#HeadStartHeals Campaign

Supporting Families Impacted by Substance Use Disorders

**May 21, 2020
1:00- 2:00 pm EST**

*Promoting empathy through trauma-informed and
healing focused practices*



#HeadStartHeals



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#HeadStartHeals



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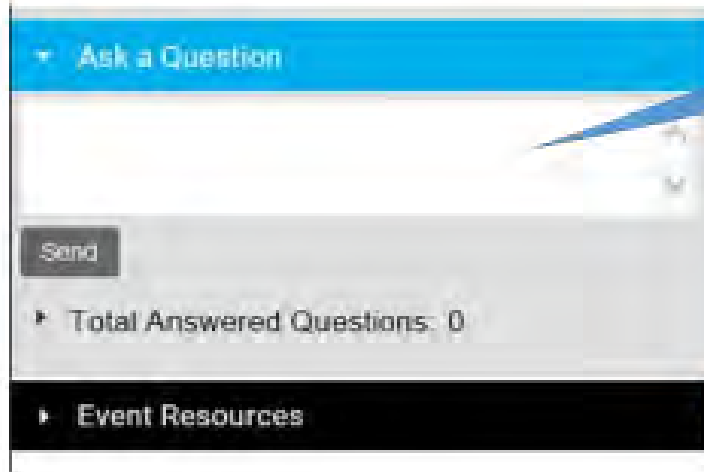


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Welcome



Please use the left side bar to ask questions, submit comments, or download handouts



Ask your questions and submit your comments here

Download handouts from Event Resources

Commonly asked questions



How is covid impacting families impacted by substance use?

Has there been anything that's surprised you during this time that's been positive or unexpected?

How can early childhood professionals virtually support families given the increased challenges?

Are there strategies that you can share to reduce stigma related to substance use disorder?

Do you have any tips or strategies for families when staff might be concerned about substance use?

Resources on Substance Use



- *Head Start and the Opioid Crisis Video Series*

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/head-start-opioid-crisis-video-series>

- *Substance Use and Recovery*

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/substance-use-disorder-recovery>

- *Making the Connection: Trauma and Substance Abuse*

https://www.nctsn.org/sites/default/files/resources//making_the_connection_trauma_substance_abuse.pdf

Resources on Substance Use



- *Resources for Families Coping with Mental Health and Substance Use Disorders*

<https://www.samhsa.gov/families>

- *Supporting Families Affected by Opioids*

<https://ncsacw.samhsa.gov/topics/supporting-families-affected-opioids.aspx>

- *Sesame Street: Parental Addiction*

<https://sesamestreetincommunities.org/topics/parental-addiction/> This is the whole Substance use and recovery page. We can link to this page or to other pages or resources within this page?

National Hotlines



- If you or someone you know is experiencing negative mental health effects and need more immediate assistance, please reach out to SAMHSA's [Disaster Distress Helpline](https://www.samhsa.gov/247) (1-800-985-5990) or the [National Suicide Prevention Lifeline](https://www.suicidalifeline.org/) (1-800-273-TALK). Both are available 24/7, 365 days a year.
- 24 Hour Parent Support
National Parent Helpline for Parent Support any time
1-855- 4A PARENT • 1-855-427-2736
- Domestic Violence
The National Domestic Violence Hotline is 1-800-799-SAFE (7233) or thehotline.org.

National Hotlines



StrongHearts Native Helpline at 1-844-7NATIVE
(762- 8483) or strongheartshelpline.org.

- Child Abuse and Neglect

The Childhelp National Child Abuse Hotline is 1-800-4A-CHILD
(422-4453) or childhelp.org/childhelp-hotline.

- Substance Use

Alcoholics Anonymous Number – [1-212-870-3400](tel:1-212-870-3400)

National Association for Children of Alcoholics – [1-888-554-COAS
\(2627\)](tel:1-888-554-COAS2627)

National Institute on Drug Abuse (NIDA) – [1-301-443-1124](tel:1-301-443-1124)

MyPeers Communities



MyPeers.org offers:

- Open communities including: **Mental Health, Opioid Misuse and Substance Use Disorders; Staff Wellness;**
- Knowledge base - Q&A, Forums, Polling, File sharing, Calendars, Events, Tasks, Wikis
- Communication tools – Group Chat, Instant Message, and internal email
- Robust search engine
- Social Network style feeds



Office of Head Start



U.S. Department of Health & Human Services
Administration for Children & Families



Office of Head Start #HeadStartHeals campaign



Office Hours coming up:

5/21, 1–2 p.m. ET –Supporting Families Impacted by Substance Use

5/28, 3–4 p.m. ET –Family Engagement and Child Welfare

6/30, 3-4 p.m. ET – Behavior Has Meaning

Webinars coming up:

6/11, 3–4 p.m. ET – Preparing for Challenging Conversations with Families

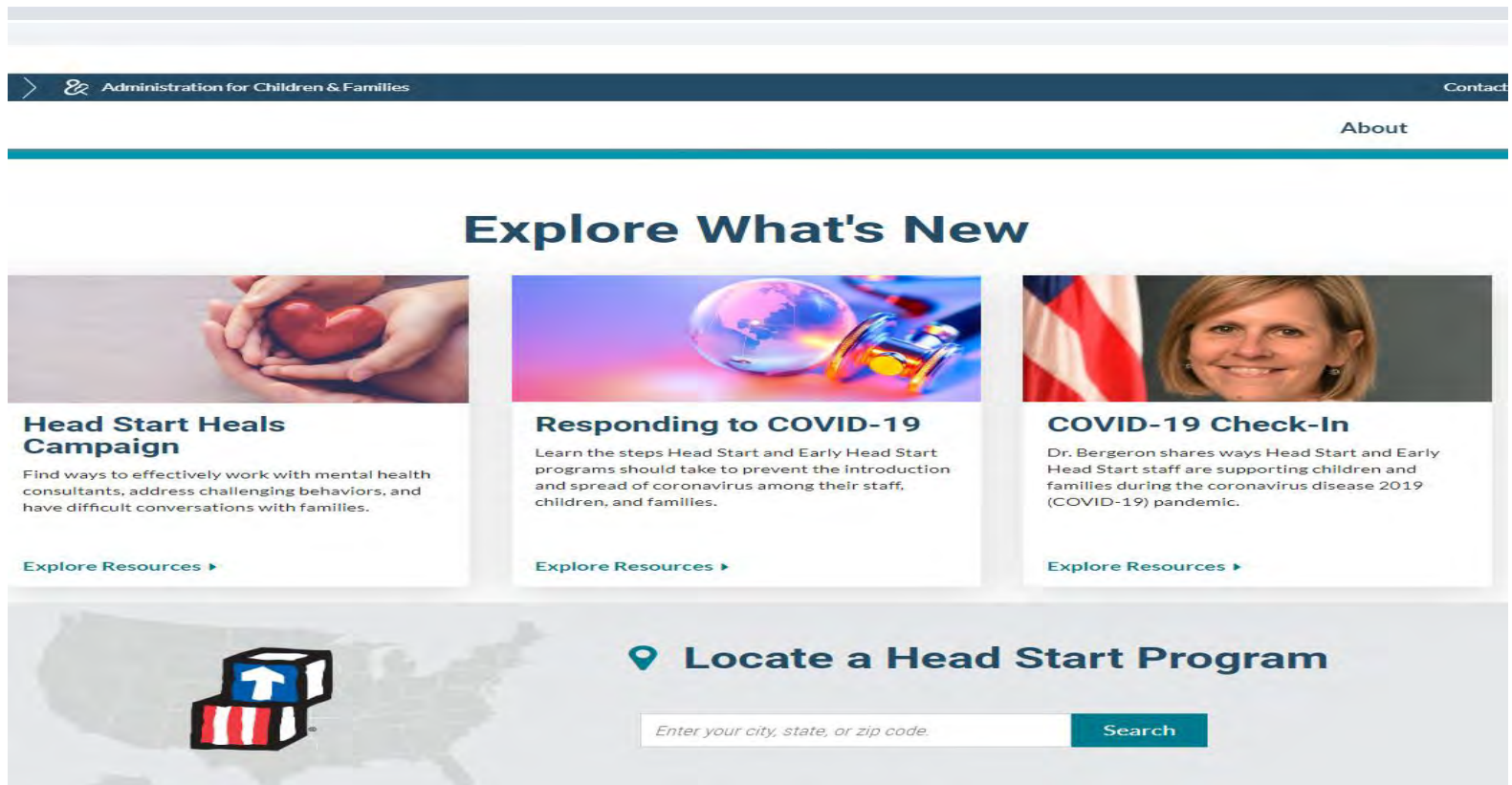


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Email: trauma@eclkc.info

Website: <https://eclkc.ohs.acf.hhs.gov/>



The screenshot shows the homepage of the Office of Head Start website. At the top, there is a dark blue navigation bar with the text "Administration for Children & Families" and a "Contact" link. Below this is a teal horizontal line with the word "About" on the right. The main content area is titled "Explore What's New" and features three featured articles:

- Head Start Heals Campaign**: Find ways to effectively work with mental health consultants, address challenging behaviors, and have difficult conversations with families. Includes a link to "Explore Resources".
- Responding to COVID-19**: Learn the steps Head Start and Early Head Start programs should take to prevent the introduction and spread of coronavirus among their staff, children, and families. Includes a link to "Explore Resources".
- COVID-19 Check-In**: Dr. Bergeron shares ways Head Start and Early Head Start staff are supporting children and families during the coronavirus disease 2019 (COVID-19) pandemic. Includes a link to "Explore Resources".

At the bottom of the page, there is a grey section titled "Locate a Head Start Program" with a location pin icon. It includes a search bar with the placeholder text "Enter your city, state, or zip code." and a teal "Search" button. A small version of the Head Start logo is visible on the left side of this section.