

Home Visitors Webinar Series




Supporting Social and Emotional Learning Through Parent-Child Interactions

Participant's Guide

This guide summarizes the key components for our session today. It also has reflection questions and activities to stimulate your thinking about how you can implement the strategies, practices, and resources we explored.


1. Mindful Moments

Write down some ideas that you have or key take-aways.

<div style="display: flex; align-items: center;"> <div style="margin-right: 20px;">  <h2 style="color: green; margin: 0;">Mindful Moments</h2> </div> <div style="text-align: center;">  <p style="color: green; font-weight: bold; margin: 5px 0;">Take care of yourself so you can have the physical and emotional energy to take care of others</p>  </div> </div>	<p>Three things that I will commit to do to take care of myself:</p> <ol style="list-style-type: none"> 1. 2. 3.
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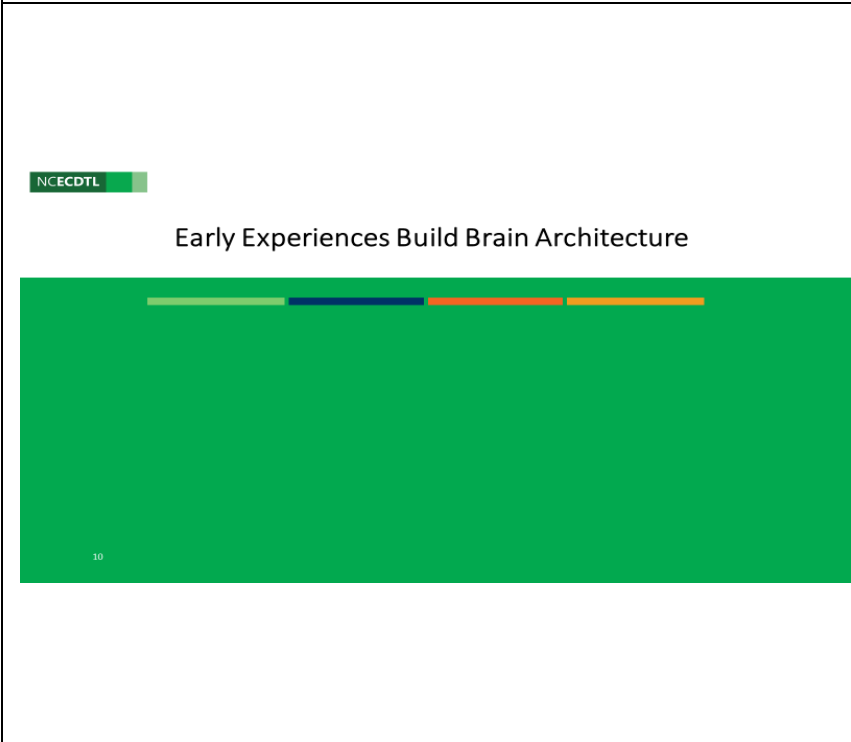
2. Guest Expert : Randi Hopper

Why relationships matter. What are three things that resonated with you?

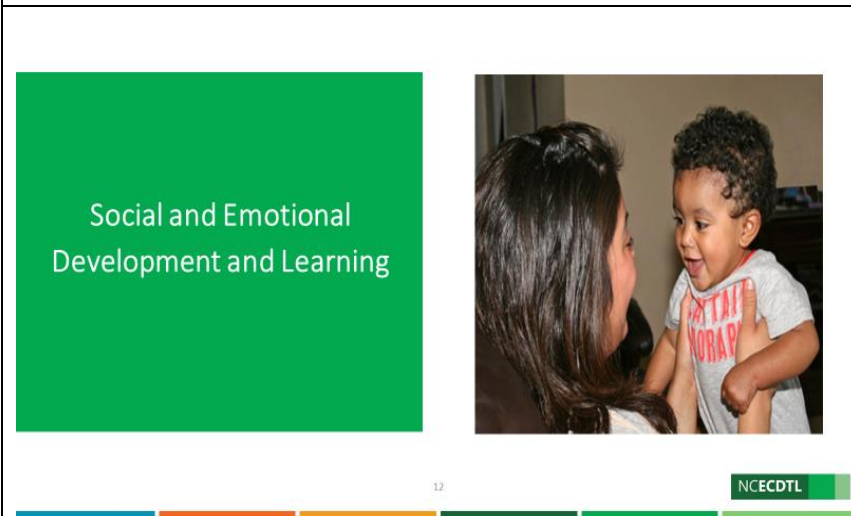
<div style="background-color: green; color: white; padding: 5px; margin-bottom: 10px; text-align: center;">Place Holder for Speaker</div> <p style="margin-top: 20px;">Why relationships matter?</p> 	<ol style="list-style-type: none"> 1. 2. 3.
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3. Early Experiences Build Brain Architecture

Video Reflection: What are the key messages from this video?







- 1.
- 2.
- 3.

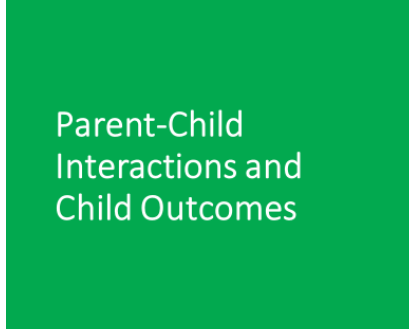




How do I define social and emotional development?

3. Characteristics of Effective Parent-Child Interactions

Write down some ideas that you have or key take-aways.

 <p>Relationships And Interactions Are Unique Within Each Family</p>   <p>18</p> 	<p>Key considerations for the families that I serve.</p> <ol style="list-style-type: none"> 1. 2. 3.
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 <ul style="list-style-type: none"> ✓ Emotional Well-being ✓ Coping Ability ✓ Problem-Solving Skills ✓ Healthy Relationships <p>19</p>  	<p>Additional outcomes I have seen with the families I work with.</p> <ol style="list-style-type: none"> 1. 2. 3. 4.
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4. Effective Home Visiting Practices and Strategies

Research-based: Effective Home Visiting Practices

Establishing A Positive Relationship With The Parent, Child, And Other Participating Family Members

- Show warmth and acceptance
- Be flexible and open to other points of view
- Be supportive and “meet families where they are”
- Use active listening skills



28

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Ways I can establish relationships with the families I work with:

- 1.
- 2.
- 3.

Responding To Each Family’s Unique Strengths And Culture

- Acknowledge the strengths of families first
- Be respectful and learn from differences
- Show openness to adapting practices based on family preferences
- Share decision-making
- Approach families as equal and reciprocal partners



29

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What are some questions that I have regarding how I can adapt practices based on the family’s preferences?

- 1.
- 2.
- 3.

Facilitating Developmentally Supportive Parent-Child Interactions

- Plan activities together
- Capitalize on the strengths
- Engage the parent
- Comment on the child’s development
- Use of materials
- Video taping



30

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Ways that I encourage the use of materials in the home.

- 1.
- 2.
- 3.

Establishing A Collaborative Partnership With The Parent



Support Collaboration by:

- Planning Jointly
- Reflect on how well the activity went together
- Asking parents what they observe and what they think will happen next
- Listen to parents before sharing your own approach

32

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Strategies that I can use to engage the family in joint planning.

- 1.
- 2.
- 3.

Positive Parenting Practices We Might See:

Positive Parenting Practices We Might See

- Parents see how they influence their child's development
- Parents recognize and support their children's emerging strengths and skills
- Parents view themselves as competent
- Parents recognize they have what they need to be good parents



30

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Additional parenting practices I might see families use:

- 1.
- 2.
- 3.

Video Reflection: While viewing the video clip, record what you see happening, keeping in mind the practices we have just talked about.

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Bringing it All Together



31

- 1.
- 2.
- 3.
- 4.

Resource: Relationship-Based Competencies:

Relationship-Based Competencies (RBCs)

RBC #4:
Parent-Child Relationships and Families as Lifelong Educators:
 Partners with families to build strong parent-child relationships and supports parents as the first and lifelong educators of their children

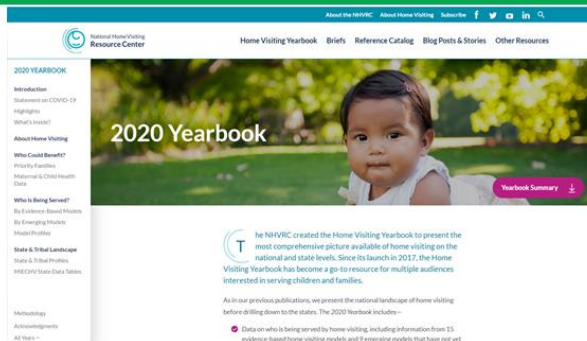


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Ways I can use this resource with families:

- 1.
- 2.
- 3.

Resource: 2020 Home Visiting Yearbook



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Ways I can use this resource with families:

- 1.
- 2.
- 3.

Additional Resources: Write down how you can connect these resources to your work with families.

ECLKC: Coronavirus Prevention and Response



Coronavirus Prevention and Response

The idea of how best to respond to the current coronavirus (COVID-19) has been on the minds of many people and there has been a lot of discussion about the best way to respond. The idea of how best to respond to the current coronavirus (COVID-19) has been on the minds of many people and there has been a lot of discussion about the best way to respond. The idea of how best to respond to the current coronavirus (COVID-19) has been on the minds of many people and there has been a lot of discussion about the best way to respond.

Program Closure

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Ways and Benefits

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<https://eclkc.ohs.acf.hhs.gov/physical-health/article/coronavirus-prevention-response>

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Ways I can use this resource with families:

- 1.
- 2.
- 3.
- 4.