























Initiative and Curiosity



How can we explain or describe

- What this means and
- What is happening?

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The Power of Play

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Benefits of Play



- Healthy brain development
- Interaction with environment
- Opportunities to explore
- Building relationships







Play and Culture Connection?







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Reflection

- How was play valued in your family?
- Did family members spend time playing with you?
- What kind of toys did you have?
- Unsupervised play or planned activities?

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Let's Play!

- Messy playRough and tumble play
- Outdoor play

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Messy Play

"Play that emphasizes the active exploration of materials and their properties"

Duffy 2007, 1



Messy Play

"Play that emphasizes the active **exploration** of materials and their properties."

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Messy Play in Action?

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Rough and Tumble Play







Practices to Support Play

- Prepare the environment
- Model persistence
- Provide autonomy
- Make it social
- Have fun





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