



October 13, 2021

Helping Families Support Their Child's Emotional and Behavioral Self-Regulation

HOME VISITING WEBINAR SERIES

PARTICIPANT'S GUIDE

This guide summarizes the key components for our session today. It also has reflection questions and activities to stimulate your thinking about how you can implement the strategies, practices, and resources we explored.

Head Start Early Learning Outcomes Framework (ELOF)

<https://eclkc.ohs.acf.hhs.gov/interactive-head-start-early-learning-outcomes-framework-ages-birth-five>

The Home Visiting Webinar Series will focus on the ELOF Approaches to Learning domain. Follow the link above to the Interactive ELOF. You'll see infant/toddler and preschool domains. Click on a domain to see the sub-domains. Click on a sub-domain to see the goals. Click on a goal to see the developmental progression of skills for that goal. This is an invaluable resource!

| | | CENTRAL DOMAINS | | | | |
|--------------------------|------------------------|----------------------------------|--|---|---|---|
| | | APPROACHES TO LEARNING | SOCIAL AND EMOTIONAL DEVELOPMENT | LANGUAGE AND LITERACY | COGNITION | PERCEPTUAL, MOTOR, AND PHYSICAL DEVELOPMENT |
| ▲ INFANT/TODDLER DOMAINS | Approaches to Learning | Social and Emotional Development | Language and Communication | Cognition | Perceptual, Motor, and Physical Development | |
| ● PRESCHOOLER DOMAINS | Approaches to Learning | Social and Emotional Development | Language and Communication Literacy | Mathematics Development Scientific Reasoning | Perceptual, Motor, and Physical Development | |

Learning Objective

What would you like to walk away with from this session?



Learning Goals

- Describe emotional and behavioral self-regulation
- Identify strategies and resources home visitors can share with families to promote children's self-regulation



From this session today, I hope to:

- 1.
- 2.
- 3.

Approaches To Learning Sub-Domains:

How do I manage my emotions?

What happens to my:

Relationships:

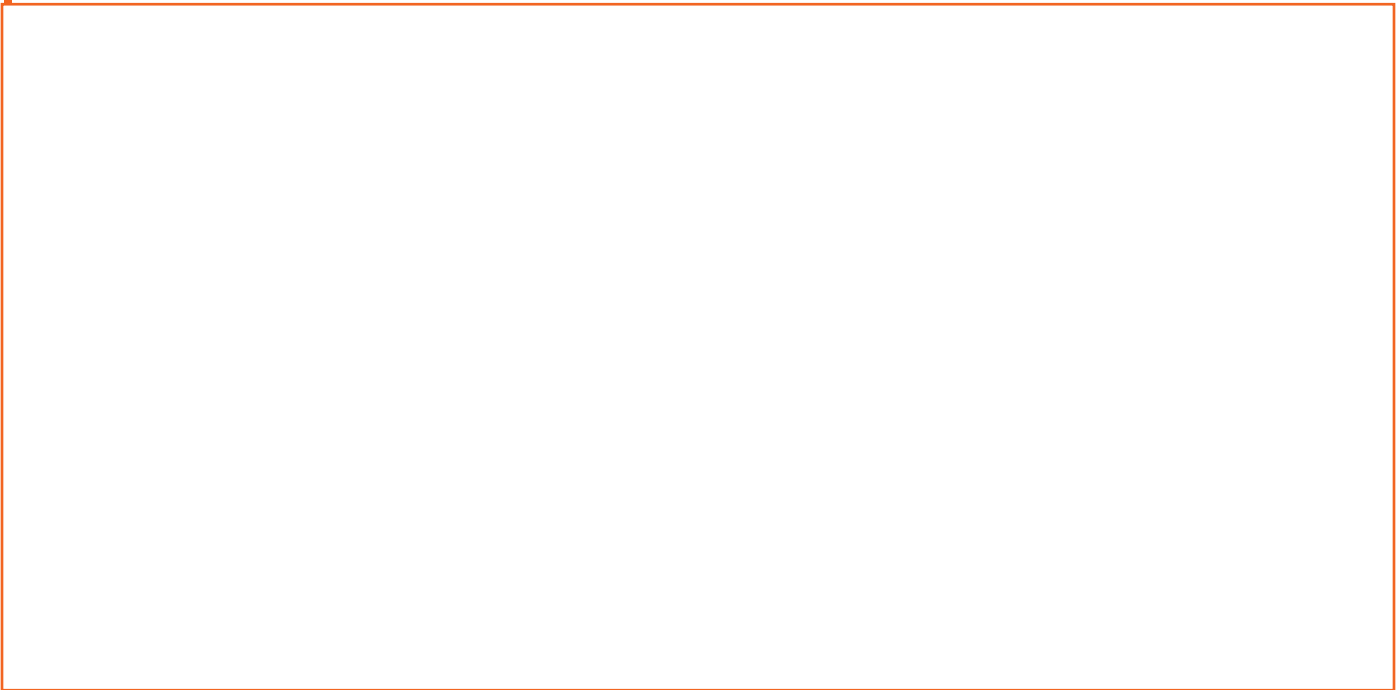
Thinking:

Behaviors:

Effective Practice Guides: (How the Guides are organized)



Tips on Using the Effective Practice Guides:



Video Observation:

Digital Social Emotional Toolkit:

How can I use these resources?



Digital Social Emotional Toolkit:

How can I use these resources?



National Center on
Early Childhood Development, Teaching, and Learning

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Helpful Resources:

ELOF Resources

Head Start Early Learning Outcomes Framework and related resources

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/head-start-early-learning-outcomes-framework>

Approaches to Learning Effective Practice Guides

<https://eclkc.ohs.acf.hhs.gov/school-readiness/effective-practice-guides/approaches-learning>

Head Start Center for Inclusion

Head Start Center for Inclusion – Visual Supports

<https://headstartinclusion.org/tools-and-supports/classroom-visuals-and-supports/>

Head Start Center for Inclusion – Tip Sheets

<https://headstartinclusion.org/tip-sheets/challenging-behavior-tips/>

ECLKC Resources

News You Can Use: Approaches Toward Learning

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/news-you-can-use-approaches-toward-learning-part-1-foundations-school-readiness>

Ross Thompson: Children’s Approaches to Learning

<https://eclkc.ohs.acf.hhs.gov/podcast/ross-thompson-childrens-approaches-learning>

Scaffolding Children’s Learning

<https://eclkc.ohs.acf.hhs.gov/video/scaffolding-childrens-learning>

Learning to Get Along: Young Children’s Social and Emotional Development

<https://eclkc.ohs.acf.hhs.gov/publication/learning-get-along-young-childrens-social-emotional-development>

Infant and Toddler Behaviors that Can Challenge Adults

<https://eclkc.ohs.acf.hhs.gov/publication/infant-toddler-behaviors-can-challenge-adults>

Supporting Social and Emotional Learning Through Parent-Child Interactions

<https://eclkc.ohs.acf.hhs.gov/video/supporting-social-emotional-learning-through-parent-child-interactions>

15-minute In-service Suite: Behavior Has Meaning

<https://eclkc.ohs.acf.hhs.gov/video/behavior-has-meaning>



Sensitive Conversations with Families

<https://eclkc.ohs.acf.hhs.gov/podcast/sensitive-conversations-families>

Engaging with Families in Conversations About Sensitive Topics

<https://eclkc.ohs.acf.hhs.gov/publication/engaging-families-conversations-about-sensitive-topics>

Head Start Heals Campaign

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/head-start-heals-campaign>

Taking Care of Ourselves

<https://eclkc.ohs.acf.hhs.gov/family-support-well-being/article/taking-care-ourselves-stress-relaxation>

Dual Language Learners Toolkit

<https://eclkc.ohs.acf.hhs.gov/culture-language/article/families-support-their-children-who-are-dual-language-learners>

Managing Stress with Mindful Moments

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/managing-stress-mindful-moments>

Mobile Apps

ELOF@HOME

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

ELOF2GO Mobile App

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>

Text4HomeVisitors

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

Ready DLL Mobile App

<https://eclkc.ohs.acf.hhs.gov/culture-language/article/ready-dll-mobile-app>

NCPMI Resources

Caregiver Practices to Support Infant Toddler Social Emotional Development

https://challengingbehavior.cbcs.usf.edu/docs/Caregiver_Practices.pdf

Infant-Toddler Caregiver Reflection Tool

https://challengingbehavior.cbcs.usf.edu/docs/Caregiver_Reflection_tool.pdf

Visual Supports for Routines, Schedules and Transitions

https://challengingbehavior.cbcs.usf.edu/docs/Routine_cards_home.pdf



Online Communities

MyPeers

<https://eclkc.ohs.acf.hhs.gov/about-us/article/mypeers-collaborative-platform-early-care-education-community>

- Home Visitors Community
- Head Start Disabilities and Inclusion Network
- Dual Language Learners



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