HANDOUT: COACHING CORNER
ABC EHS Action Planning

SCENARIO

ABC Early Head Start has decided to focus their professional development efforts on supporting positive adult-child relationships across program options. To determine the specific practices that they wanted education staff to use, the PBC Implementation Team reviewed the Social Emotional Effective Practice Guides, particularly the practices outlined in Relationships with Adults.

Marla is a coach at ABC EHS and she is working with Delaney, a home visitor. Delaney and Marla collaboratively develop a goal and action plan related to supporting the relationships between the parents she works with and their children. Particularly, Delaney wants to support parents to calm and comfort their child since many of the families and children are currently experiencing anxiety and stress. Marla and Delaney identified the following goal: I will support parents to calm and comfort his/her child when the child is upset.

Action Plan		
The goal I will work on:		
I will support parents to calm and comfort their child when the child is upset.		
I will know I achieve this when:		
I consistently acknowledge and provide positive feedback when parent use comforting and calming strategies.		
Steps to achieve this goal:	**Resources needed:**	**By when:**
I will ask guiding questions to determine what strategies the parent uses when the child is upset.	*Video examples*	*2/4/2021*
I will model and identify for the parent when to say calming and comforting statements to the child when the child is upset.		
I will provide positive feedback to the parent when s/he physically calms or verbally says comforting statements to the child when the child is upset.		
I will point out how the child reacts when the parent calms or comforts her/him.		
Review Date:		
☐ I have achieved this goal by meeting the criteria specified in the goal achievement statement(s) above.	☐ I am making progress toward this goal and will keep implementing my action plan.	☐ I need to make changes to my plan to achieve this goal by revising the goal or changing the action steps.

National Center on
Early Childhood Development, Teaching, and Learning