



Participant's Guide

This participant's guide helps you capture your ideas as you engage in the webinar content. During this webinar, we focus on the third year of life, 25 to 36 months, *from the child's perspective*. How do children learn? What strategies do they use? What can we, as adults, do to assist them? The reflection questions and activities help you think about ways to support children during this third year. Helpful resources can be found in the Resources section at the end of this guide.

Head Start Early Learning Outcomes Framework (ELOF) Resources

<https://eclkc.ohs.acf.hhs.gov/interactive-head-start-early-learning-outcomes-framework-ages-birth-five>

Follow the link above to explore the interactive ELOF. If you'd prefer your ELOF on the go, we've got you covered.

ELOF2GO Mobile Apps



English. Need to access the ELOF on the go? Check out ELOF2GO, a mobile app that includes the ELOF developmental progressions: <https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>



Spanish. Need access to the ELOF on the go in Spanish? The mobile app MiELOF is available here: <https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/aplicacion-movil-mielof-en-espanol>



Home Visitors. ELOF@HOME is an app for home visitors that provides on-the-go access to effective practices you can use to support learning goals within the ELOF. Learn more and download the app here: <https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>



National Center on

Early Childhood Development, Teaching, and Learning

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Word or Phrase to Describe a Two-Year-Old



Video Reflection: Cognitive Development



As you watch the video, write down what skills the child is practicing and how the adult is supporting his development.



Video Reflection: What Does This Child See?



As you watch, think about the skills the children are practicing as they play. How is the adult supporting their play?



We encourage you to check out Zero to Three Report, *Tuning In, National Parent Survey* through the link below. This report provides information about what abilities parents expect their children to have at certain ages as well what age children typically achieve those skills.



<https://www.zerotothree.org/resource/takeaways-for-parents-from-the-national-parent-survey/>

Principles of Child Development

During the first episode of this series, we introduced three principles of child development. These principles continue to apply, but we adapted them to better fit development during the third year of life. Seen from the child's perspective, they are:

- **I am working on becoming social partners with other people, and I readily learn from them.**
- **I learn through experience.**
- **I need help navigating change and regulating my emotions.**
- **I want to do things for myself, but I need you to set limits and still be there to scaffold my behavior.**

*** These principles are true for children of all abilities and at every developmental stage. ***

Helpful Resources (* Available in Spanish)

Early Learning Outcomes Framework (ELOF)

Head Start Early Learning Outcomes Framework (*many resources available in Spanish, including the Interactive ELOF)

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/head-start-early-learning-outcomes-framework>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/marco-de-head-start-sobre-los-resultados-del-aprendizaje-temprano-de-los-ninos>

ELOF2GO and MiELOF*

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/aplicacion-movil-mielof-en-espanol>

ELOF@HOME

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

Effective Practice Guides*

<https://eclkc.ohs.acf.hhs.gov/school-readiness/effective-practice-guides/effective-practice-guides>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/effective-practice-guides/guias-para-la-practica-eficaz>

Webinars

BabyTalks

- Addressing Infant and Toddler Behaviors That Challenge Adults
<https://eclkc.ohs.acf.hhs.gov/video/addressing-infant-toddler-behaviors-challenge-adults>
- The Science Behind Social and Emotional Development
<https://eclkc.ohs.acf.hhs.gov/video/science-behind-social-emotional-development>
- Playful Learning Environments for Infants and Toddlers
<https://eclkc.ohs.acf.hhs.gov/video/playful-learning-environments-infants-toddlers>
- Responsive Caregiving as an Effective Practice to Support Children’s Social and Emotional Development
<https://eclkc.ohs.acf.hhs.gov/video/responsive-caregiving-effective-practice-support-childrens-social-emotional-development>
- Supporting Infants and Toddlers with Disabilities or Suspected Delays
<https://eclkc.ohs.acf.hhs.gov/video/supporting-infants-toddlers-disabilities-or-suspected-delays>
- Supporting Messy Play with Infants and Toddlers
<https://eclkc.ohs.acf.hhs.gov/video/supporting-messy-play-infants-toddlers>

Teacher Time (Infants and Toddlers)

- Safe and Nurturing Learning Environments for Infants and Toddlers
<https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/safe-nurturing-learning-environments-infants-toddlers>
- Social and Emotional Development for Infants and Toddlers
<https://eclkc.ohs.acf.hhs.gov/school-readiness/teacher-time-series/social-emotional-development-infanttoddlers>
- Supporting Infants' and Toddlers' Emotional and Behavioral Self-Regulation
<https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/supporting-infants-toddlers-emotional-behavioral-self-regulation>
- Supporting Infants' and Toddlers' Cognitive Self-Regulation
<https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/supporting-infants-toddlers-cognitive-self-regulation>

Videos

Play Promotes Early Development: It's Time for Play! Video Series

<https://eclkc.ohs.acf.hhs.gov/curriculum/article/play-promotes-early-development-its-time-play>

- Make Believe
<https://eclkc.ohs.acf.hhs.gov/videocast/its-time-play-make-believe>
- Messy Play
<https://eclkc.ohs.acf.hhs.gov/videocast/its-time-play-messy-play>
- Outdoor Play
<https://eclkc.ohs.acf.hhs.gov/videocast/its-time-play-outdoor-play>
- Music and Play
<https://eclkc.ohs.acf.hhs.gov/videocast/its-time-play-music-play>

Podcasts

Research on the Go

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/research-go>

Parallel Play: A Podcast for Educators Who Love Toddlers

<https://eclkc.ohs.acf.hhs.gov/browse/series/parallel-play>

Briefs and Tip Sheets

Active Play: Health Tips for Families* (available in multiple languages, including Spanish)

<https://eclkc.ohs.acf.hhs.gov/publication/active-play-health-tips-families>

Connecting Research to Practice: Tips for Working with Infants, Toddlers, and Their Families*

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/connecting-research-practice-tips-working-infants-toddlers-their-families>

<https://eclkc.ohs.acf.hhs.gov/es/practicas-docentes/articulo/conectar-la-investigacion-con-la-practica-consejos-para-interactuar-con-los-bebes-los-ninos-pequenos>

Early Childhood Mental Health Consultation: Materials for Families*

<https://eclkc.ohs.acf.hhs.gov/family-support-well-being/article/early-childhood-mental-health-consultation-materials-families>

<https://eclkc.ohs.acf.hhs.gov/es/apoyo-y-bienestar-familiar/articulo/consulta-sobre-la-salud-mental-en-la-primera-infancia-materiales-para-las-familias>

Everyday Ideas for Increasing Children's Opportunities to Practice Social Skills and Emotional Competencies (Ideas and Strategies)*

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/everyday-ideas-increasing-childrens-opportunities-practice-social-skills-emotional-competencies>

<https://eclkc.ohs.acf.hhs.gov/es/salud-mental/articulo/ideas-para-poner-en-practica-todos-los-dias-y-fomentar-las-oportunidades-de>

Social Emotional Tips for Families with Toddlers

<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/s-e-tips-families-toddlers.pdf>

Temperament Tool

The Infant Toddler Temperament Tool (IT3): Supporting a “Goodness of Fit”*

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/infant-toddler-temperament-tool-it3-supporting-goodness-fit>

<https://eclkc.ohs.acf.hhs.gov/es/salud-mental/articulo/la-herramienta-de-temperamento-para-ninos-pequenos-it3-apoyo-la-bondad-de-ajuste>

e-Book

Individualizing Care for Infants and Toddlers*

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/individualizing-care-infants-toddlers/individualizing-care-infants-toddlers>

<https://eclkc.ohs.acf.hhs.gov/es/practicas-docentes/individualizing-care-infants-toddlers/individualizacion-del-cuidado-para-bebes-y-ninos-pequenos>

News You Can Use

Developmentally Appropriate Practice*

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/news-you-can-use-developmentally-appropriate-practice>

<https://eclkc.ohs.acf.hhs.gov/es/practicas-docentes/articulo/hablemos-de-la-practica-adecuada-al-desarrollo>

Early Science Learning for Infants and Toddlers*

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/news-you-can-use-early-science-learning-infants-toddlers>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/hablemos-de-el-aprendizaje-temprano-de-las-ciencias-para-los-bebes-y>

Environment as Curriculum for Infants and Toddlers*

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-environment-curriculum-infants-toddlers>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/hablemos-de-el-medio-ambiente-como-parte-del-curriculo-para-bebes>

Take It Outside* / Take It Inside*

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-take-it-outside>

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-take-it-inside>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/hablemos-de-salgamos-afuera>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/hablemos-de-llevar-la-naturaleza-al-interior>

Resource Collections

Promoting Children's Social and Emotional Well-being*

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/promoting-childrens-social-emotional-well-being>

<https://eclkc.ohs.acf.hhs.gov/es/salud-mental/articulo/fomento-del-bienestar-socioemocional-de-los-ninos>

Promoting Family Well-Being*

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/promoting-family-well-being>

<https://eclkc.ohs.acf.hhs.gov/es/salud-mental/articulo/fomento-del-bienestar-de-la-familia>

Promoting Staff Well-being*

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/promoting-staff-well-being>

<https://eclkc.ohs.acf.hhs.gov/es/salud-mental/articulo/fomento-del-bienestar-del-personal>