



Participant's Guide

This participant's guide helps you capture your ideas as you engage in the webinar content. During this webinar, we focus on the second year of life, 13 to 24 months, *from the child's perspective*. How do children learn? What strategies do they use? What can we, as adults, do to assist them? The reflection questions and activities help you think about ways to support children during this second year.

Helpful resources can be found in the Resources section at the end of this guide.

Principles of Child Development

During the first episode of this series, we introduced three principles of child development. These principles continue to apply. Seen from the child's perspective, they are:

- **I am fascinated by people, and I readily learn from them.**
- **I learn through experience, and I need help getting access to the things that will help me learn and grow.**
- **I need help navigating change and regulating my emotions.**

We will be adding another principle of child development during this episode. It is:

- **I benefit from doing things for myself when I can.**

These principles are true for children of all abilities and at every developmental stage.



National Center on

Early Childhood Development, Teaching, and Learning

This training was supported by the Administration for Children and Families (ACF) of the United States (U.S.) Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$10,200,000 with 100% funded by ACF. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACF/HHS, or the U.S. Government. This resource may be duplicated for noncommercial uses without permission.

Video Reflection: Find the ELOF



As you watch the video, identify an activity for each kind of development.



Approaches to Learning	Approaches to Learning
Social and Emotional Development	Social and Emotional Development
Language and Literacy	Language and Literacy
Cognition	Cognition
Perceptual, Motor, and Physical Development	Perceptual, Motor, and Physical Development

Head Start Early Learning Outcomes Framework (ELOF) Resources

<https://eclkc.ohs.acf.hhs.gov/interactive-head-start-early-learning-outcomes-framework-ages-birth-five>

Follow the link above to explore the interactive ELOF.

If you'd prefer your ELOF on the go, we've got you covered.

ELOF2GO Mobile Apps



English. Need to access the ELOF on the go? Check out ELOF2GO, a mobile app that includes the ELOF developmental progressions: <https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>



Spanish. Need access to the ELOF on the go in Spanish? The mobile app MiELOF is available here: <https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/aplicacion-movil-mielof-en-espanol>



Home Visitors. ELOF@HOME is an app for home visitors that provides on-the-go access to effective practices you can use to support learning goals within the ELOF. Learn more and download the app here: <https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

Video Reflection: What Does This Child See?



As you watch this video, think about what the child sees.
What cues does the child get? How does he respond?



Video Reflection: Sharing Strategies



How are these children trying to share? What strategies are they using?



Video Reflection: Experimenting



These children are eating. What else are they doing?
What are some things these children are learning about?



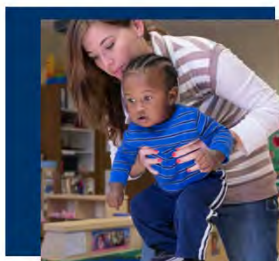
Effective Practices



Below are the four strategies children use to learn that were discussed in the webinar. We've paired these with four effective practices that can assist children's learning. Write down some things you do – or could do – for each practice.

Child's Strategy: I learn from observing adults. Adult's Effective Practice: Set a good example.	Child's Strategy: I experiment. Adult's Effective Practice: Prepare space and materials.
Child's Strategy: I communicate. Adult's Effective Practice: Talk.	Child's Strategy: I play. Adult's Effective Practice: Don't rush.

We encourage you to check out the BabyTalks webinar *Playful Learning Environments for Infants and Toddlers* through the link below. This webinar will help you create learning environments that provide rich opportunities for the kinds of learning discussed above.



Playful Learning Environments for Infants and Toddlers

Thursday, March 18, 2021

Presenter:

Dawson Nichols, PhD
NCECDL



<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/babytalks>

Helpful Resources (*Available in Spanish)

Early Learning Outcomes Framework (ELOF)

Head Start Early Learning Outcomes Framework (*many resources available in Spanish, including the Interactive ELOF)

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/head-start-early-learning-outcomes-framework>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/marco-de-head-start-sobre-los-resultados-del-aprendizaje-temprano-de-los-ninos>

ELOF2GO and MiELOF*

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/aplicacion-movil-mielof-en-espanol>

ELOF@HOME

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

Effective Practice Guides*

<https://eclkc.ohs.acf.hhs.gov/school-readiness/effective-practice-guides/effective-practice-guides>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/effective-practice-guides/guias-para-la-practica-eficaz>

Webinars

BabyTalks

- Addressing Infant and Toddler Behaviors That Challenge Adults
<https://eclkc.ohs.acf.hhs.gov/video/addressing-infant-toddler-behaviors-challenge-adults>
- Playful Learning Environments for Infants and Toddlers
<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/babytalks>
- Responsive Caregiving as an Effective Practice to Support Children’s Social and Emotional Development
<https://eclkc.ohs.acf.hhs.gov/video/responsive-caregiving-effective-practice-support-childrens-social-emotional-development>
- Supporting Infants and Toddlers with Disabilities or Suspected Delays
<https://eclkc.ohs.acf.hhs.gov/video/supporting-infants-toddlers-disabilities-or-suspected-delays>
- Supporting Messy Play with Infants and Toddlers
<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/babytalks>

Teacher Time (Infants and Toddlers)

- Safe and Nurturing Learning Environments for Infants and Toddlers
<https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/safe-nurturing-learning-environments-infants-toddlers>

- Social and Emotional Development for Infants and Toddlers
<https://eclkc.ohs.acf.hhs.gov/school-readiness/teacher-time-series/social-emotional-development-infanttoddlers>

Videos

Caring Connections: Let's Talk About Following the Baby

<https://eclkc.ohs.acf.hhs.gov/video/lets-talk-about-following-baby>

Emotional Eavesdropping

<https://www.youtube.com/watch?v=7FC4qRD1vn8>

Play Promotes Early Development: It's Time for Play! Video Series

<https://eclkc.ohs.acf.hhs.gov/curriculum/article/play-promotes-early-development-its-time-play>

- Messy Play
<https://eclkc.ohs.acf.hhs.gov/curriculum/article/play-promotes-early-development-its-time-play>
- Outdoor Play
<https://eclkc.ohs.acf.hhs.gov/videocast/its-time-play-outdoor-play>
- It's Time for Play! Music and Play
<https://eclkc.ohs.acf.hhs.gov/videocast/its-time-play-music-play>

Tummy Time and Free Play for Infants

<https://eclkc.ohs.acf.hhs.gov/video/tummy-time-free-play-infants>

Podcasts

Head Start Talks

<https://eclkc.ohs.acf.hhs.gov/about-us/article/head-start-talks>

- Healthy Home Visiting: Tummy Time
<https://eclkc.ohs.acf.hhs.gov/podcast/healthy-home-visiting-tummy-time-podcast>

Briefs and Tip Sheets

Active Play: Health Tips for Families* (available in multiple languages, including Spanish)

<https://eclkc.ohs.acf.hhs.gov/publication/active-play-health-tips-families>

Brilliant Bilingual Babies*

<https://eclkc.ohs.acf.hhs.gov/publication/brilliant-bilingual-babies>

<https://eclkc.ohs.acf.hhs.gov/es/publicacion/bebes-bilingues-brillantes>

Re-Connecting and Building Relationships with Infants*

https://challengingbehavior.cbcs.usf.edu/docs/Reconnecting_Infants.pdf

https://challengingbehavior.cbcs.usf.edu/docs/Reconnecting_Infants_SP.pdf

Responsive Interactions*

<https://eclkc.ohs.acf.hhs.gov/publication/youre-best-teacher-responsive-interactions-young-children>

<https://eclkc.ohs.acf.hhs.gov/es/publicacion/eres-el-mejor-maestro-interacciones-receptivas-con-los-ninos-pequenos>

Social Emotional Tips for Families with Toddlers

https://www.ecmhc.org/documents/CEMHC_Tips_Toddlers_Parents.pdf

e-Book

Individualizing Care for Infants and Toddlers*

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/individualizing-care-infants-toddlers/individualizing-care-infants-toddlers>

<https://eclkc.ohs.acf.hhs.gov/es/practicas-docentes/individualizing-care-infants-toddlers/individualizacion-del-cuidado-para-bebes-y-ninos-pequenos>

News You Can Use

Early Science Learning for Infants and Toddlers*

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/news-you-can-use-early-science-learning-infants-toddlers>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/hablemos-de-el-aprendizaje-temprano-de-las-ciencias-para-los-bebes-y>

Environment as Curriculum for Infants and Toddlers*

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-environment-curriculum-infants-toddlers>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/hablemos-de-el-medio-ambiente-como-parte-del-curriculo-para-bebes>

Take It Outside* / Take It Inside*

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-take-it-outside>

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-take-it-inside>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/hablemos-de-salgamos-afuera>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/hablemos-de-llevar-la-naturaleza-al-interior>