

# Home-Based Coaching Considerations

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Presenters:

Ashley Nemec, NCECDTL

Joyce Escorcia, NCECDTL

Sarah Basler, NCECDTL



# Session Objectives

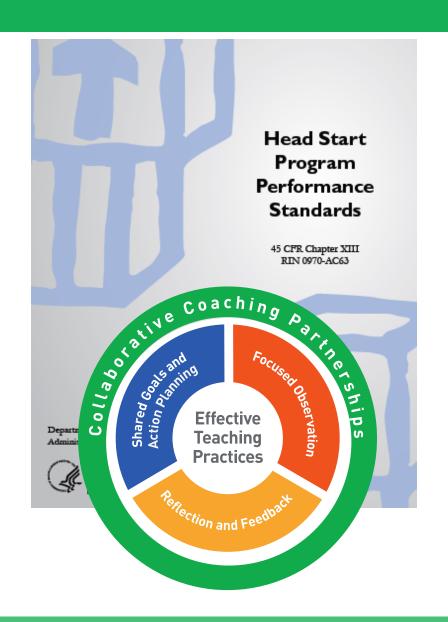
At the end of this presentation, you should be able to:

- Describe the PBC cycle and components
- Identify implementation considerations for implementing PBC in the home-based program option
- Explore resources and strategies for implementing PBC in the homebased program option



## HSPPS Coaching

1302.92 (c) A program must implement a **research-based**, coordinated coaching strategy for education staff







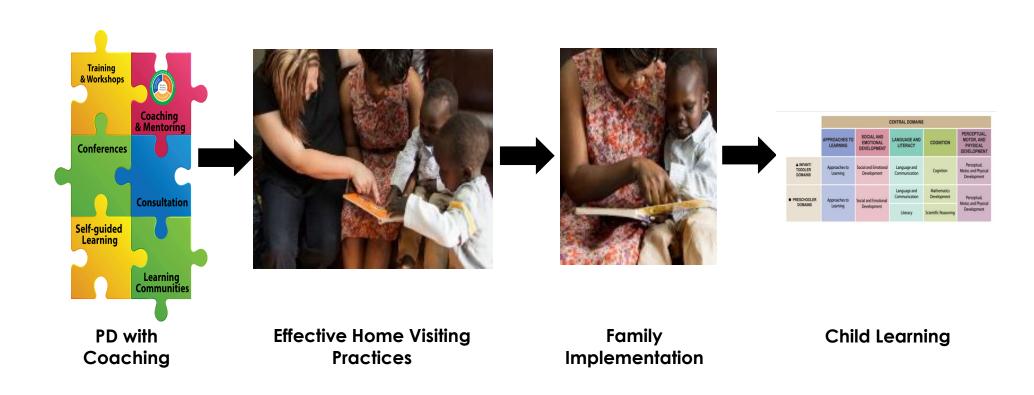


## Practice-Based Coaching





# Theory of Change





# How will coaching be delivered?

#### **Coaching Partners**







#### **Delivery Method**





Grouping







Individual



#### What Are Effective Practices?



Specific statements of the actions and behaviors home visitors use to support parents during home visits and socializations.



#### Sources for Home Visiting Practices



- Skill observation and assessment tools, i.e. HOVRS or the Home Visiting Skill Profile
- Curriculum Fidelity Checklist
- Home Visiting practices found within the curriculum
- ECLKC Resources



### Collaborative Coaching Partnerships

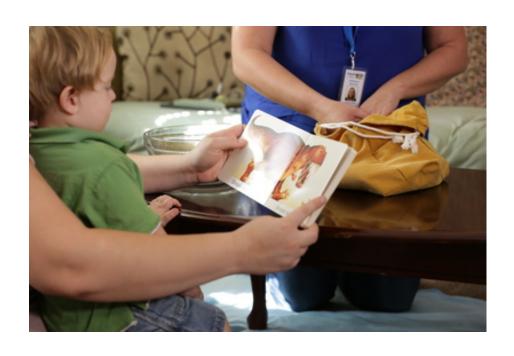


- Coordination with parents, home visitor, and coach
- Practices related to:
  - Interactions with parents
  - Improving child outcomes



#### Building the Partnerships with Families

- Communication and flexibility when setting up observations
- Use culturally and linguistically responsive practices
- Transparency related to use of PBC and coach's role during home visits
- Seek parent permission prior to video taping/setting up observations





### Shared Goals and Action Planning



- Conduct needs assessment
- Set goals
- Develop action plan



#### Shared Goals and Action Planning



Once you have established the goal, develop an action plan outlining the steps needed to achieve the goal.



#### Considerations





#### Focused Observation

- Watch and listen.
- Record information about the observation.
- Use coaching strategies.





#### Focused Observation Coaching Strategies

- Side by side verbal or gestural support
- Problem solving discussion
- Videotaping
- Modeling
- Other help during home visits or during group socializations

How could using these focused observation coaching strategies be different for home visitors?



#### Using Video

- Alternative to being present for observation
- Can enhance reflection and feedback meeting
- Ask for permission from family





#### Reflection and Feedback



- Reflect on observation and progress.
- Give and receive feedback.
- Problem-solve.
- Use coaching strategies.



#### Considerations

#### Strength-based:

• Encourage, affirm and acknowledge

# Conversational and reciprocal:

- Open-ended prompts
- Structured feedback based on observation
- Grounded in data/observation
- Connected to action plan
- Combine challenges and support





#### Feedback

- Planned
- Focused
- Supportive
- Constructive
- Intentional
- Specific

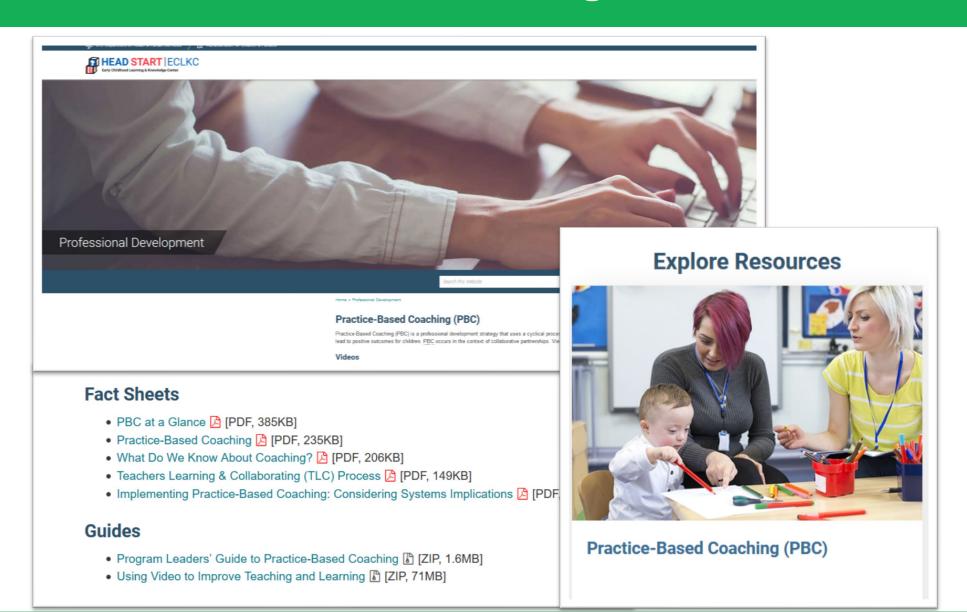


Resources and Strategies





#### **ECLKC** Resources and Strategies





#### ECLKC Resources and Strategies



Home » Mental Health

**Motivational Interviewing Suite** 

THEAD START ECLKC

#### **Related Materials**



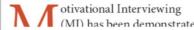
- Why Use Motivational Interviewing? [PDF, 92KB]
- Using Motivational Interviewing Techniques to More Effectively Partner with Parents
- Facilitating Change: Conversations That Help



#### Mental Health Newsletter

#### **INSIDE THIS ISSUE**





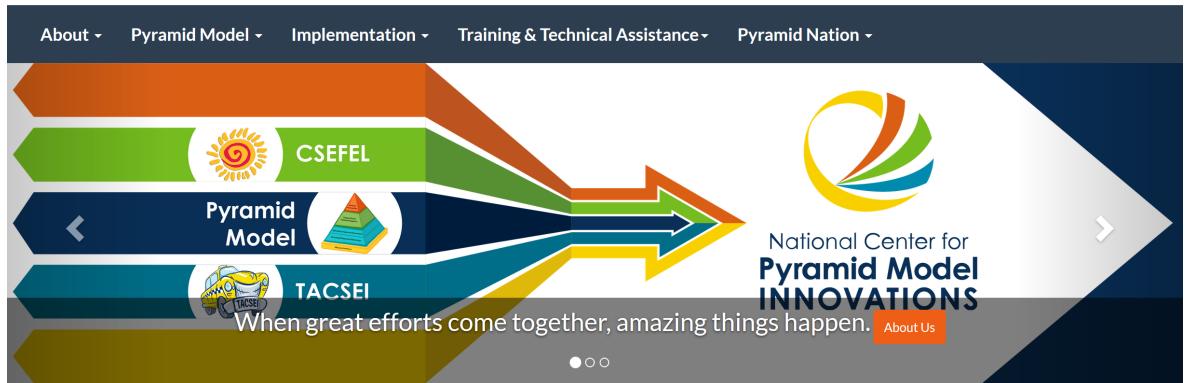




#### National Center for Pyramid Model Innovations







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Sign-up to receive 2 FREE SMS messages per month with access to information, tips, research and resources to strengthen and support the delivery of Head Start home-based services.

To sign up, text HOME to 22660.

Text **STOP** to 22660 to cancel

Text **HELP** to 22660 for technical help











#### Let's Chat

What home visiting resources have you found helpful to support coaching home visitors?





#### Thank you!



Contact us at ecdtl@ecetta.info or call (toll-free) 1-844-261-3752

#### **Evaluation Link:**

https://www.surveymonkey.com/r/CoachingCorner 09-26-18