



July 20, 2023

## Fostering Inclusive Play for All Infants and Toddlers

### Viewer's Guide

This viewer's guide helps you capture your ideas as you engage in the webinar content. During this webinar, we focus on fostering inclusive play for all infants and toddlers. Everybody plays, but play does not look the same for everybody. How does play vary across individuals, families, and cultures? What strategies can we use to move away from a "one size fits all" approach to play? The resources, videos, and activities help you think about ways to make play accessible, culturally relevant, and meaningful to all infants and toddlers. Additional resources can be found in the Resources section at the end of this guide.

### Equity Definition

"Fair and just treatment to all children, families, and those who support them. Equity enables everyone to achieve their full potential."

Working definition: <https://eclkc.ohs.acf.hhs.gov/internal-use/article/equity-working-definition>



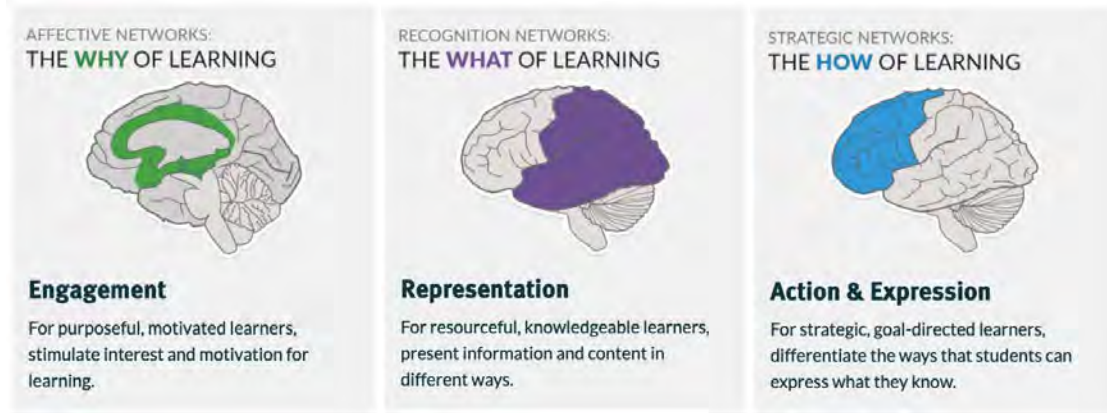
### Reflection: How Do You Like to Play?



National Center on  
Early Childhood Development, Teaching, and Learning

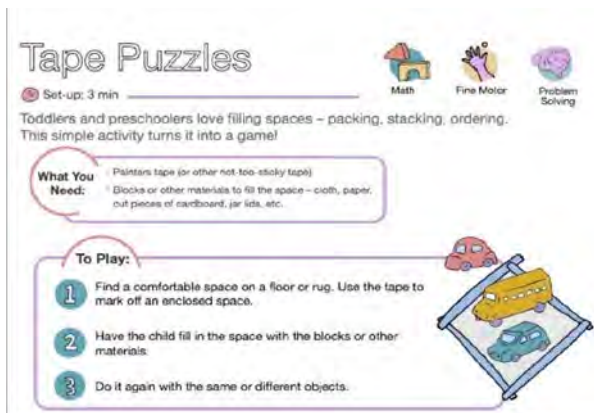
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## Resource Spotlight: Universal Design for Learning (UDL) Guidelines



Learn more about Universal Design for Learning (UDL) framework from CAST: <https://udlguidelines.cast.org/>

## Resource Spotlight: I-LABS At-Home Activities



Try these research-based activities with the infants and toddlers in your care or share them with families during home visits:

<https://modules.ilabs.uw.edu/at-home-activities/>

## Resource Spotlight: It's Time for Play Video Series



Watch these videos to find out how children learn through play. Researchers talk about different types of play-based learning and share ways adults can encourage children to learn through play:

<https://eclkc.ohs.acf.hhs.gov/curriculum/article/play-promotes-early-development-its-time-play>

## Activity: Tape Puzzles

Think about how you might adapt the tape puzzles game for infants and toddlers with differing ability levels.

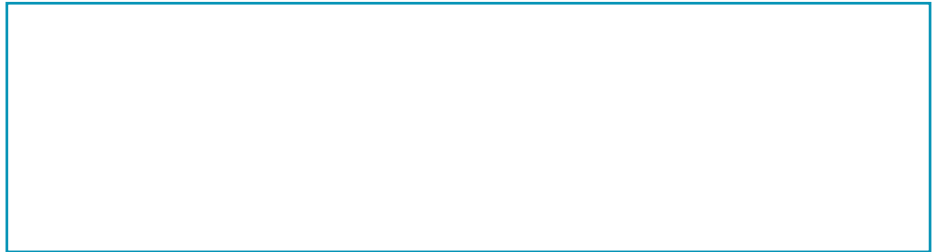


Decrease the challenge

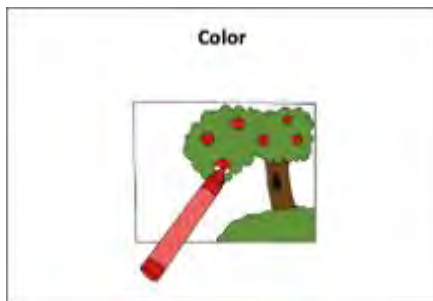
Increase the challenge

## Video: Representation

As you watch, think about how this adult is including the representation principle. What else might she try to support inclusive play? How might she support infants and toddlers in using nature during their exploration and free play?



## Resource Spotlight: Visuals and Supports



Check out the library of visual supports for education staff to use with children in their learning space. Look for illustrations of activities, art materials, daily schedule pictures, and more. Each one can be downloaded and printed out for immediate use.

<https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/classroom-visuals-supports>

## Video: Make Believe

As you watch, think about other ways you can use open-ended materials to support infants' and toddlers' play. Jot down any notes below.



## Reflection: Next Steps

What is one thing you would like to try or expand to support the play of the infants and toddlers you serve?



## Helpful Resources (\*resources available in Spanish)

### Online Resources

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Head Start Early Learning Outcomes Framework\*

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/head-start-early-learning-outcomes-framework>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/marco-de-head-start-sobre-los-resultados-del-aprendizaje-temprano-de-los-ninos>\*

Universal Design for Learning (UDL)\*

<https://eclkc.ohs.acf.hhs.gov/publication/universal-design-learning-udl>

<https://eclkc.ohs.acf.hhs.gov/es/publicacion/disenio-universal-para-el-aprendizaje-udl>\*

Supporting Outdoor Play for Infants and Toddlers\*

<https://eclkc.ohs.acf.hhs.gov/learning-environments/supporting-outdoor-play-exploration-infants-toddlers/supporting-outdoor-play-exploration-infants-toddlers>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/supporting-outdoor-play-exploration-infants-toddlers/fomento-de-los-juegos-y-la-exploracion-al-aire-libre-para-los-bebes-y>\*

Let's Talk About Environments

<https://eclkc.ohs.acf.hhs.gov/video/lets-talk-about-environments>

News You Can Use: Play\*

<https://eclkc.ohs.acf.hhs.gov/curriculum/article/news-you-can-use-play>

<https://eclkc.ohs.acf.hhs.gov/es/curriculo/articulo/hablemos-de-el-juego>\*

News You Can Use: Learning at Home and Homelike Environments\*

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-learning-home-homelike-environments>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/hablemos-de-el-aprendizaje-en-el-hogar-y-en-entornos-similares>\*

Using Materials Found in the Home in Head Start and Early Head Start Home-Based Programs\*

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/using-materials-found-home-head-start-early-head-start-home-based-programs>

<https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/el-uso-de-materiales-que-se-encuentran-en-el-hogar-en-los-programas-head-start-y-early-head-start>\*

Making It Work: Implementing Cultural Learning Experiences in American Indian and Alaska Native Early Learning Settings for Children Ages Birth

<https://eclkc.ohs.acf.hhs.gov/culture-language/article/making-it-work-implementing-cultural-learning-experiences-american-indian-alaska-native-early>

## Connecting Research to Practice Briefs

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Designing Messy Play for Infants and Toddlers\*

<https://eclkc.ohs.acf.hhs.gov/publication/designing-messy-play-infants-toddlers>

[https://eclkc.ohs.acf.hhs.gov/es/publicacion/disenio-del-juego-sensorial-para-bebes-y-ninos-pequenos\\*](https://eclkc.ohs.acf.hhs.gov/es/publicacion/disenio-del-juego-sensorial-para-bebes-y-ninos-pequenos*)

Supporting Children with Disabilities or Suspected Delays\*

<https://eclkc.ohs.acf.hhs.gov/publication/supporting-children-disabilities-or-suspected-delays>

[https://eclkc.ohs.acf.hhs.gov/es/publicacion/apoyar-los-ninos-con-discapacidades-o-posibles-retrasos\\*](https://eclkc.ohs.acf.hhs.gov/es/publicacion/apoyar-los-ninos-con-discapacidades-o-posibles-retrasos*)

Learning to Get Along: Young Children's Social and Emotional Development\*

<https://eclkc.ohs.acf.hhs.gov/publication/learning-get-along-young-childrens-social-emotional-development>

[https://eclkc.ohs.acf.hhs.gov/es/publicacion/aprender-llevarse-bien-el-desarrollo-social-y-emocional-de-los-ninos-pequenos\\*](https://eclkc.ohs.acf.hhs.gov/es/publicacion/aprender-llevarse-bien-el-desarrollo-social-y-emocional-de-los-ninos-pequenos*)

Playful and Fun Learning Environments for Infants and Toddlers\*

<https://eclkc.ohs.acf.hhs.gov/publication/playful-fun-learning-environments-infants-toddlers>

[https://eclkc.ohs.acf.hhs.gov/es/publicacion/entornos-de-aprendizaje-ludicos-y-divertidos-para-bebes-y-ninos-pequenos\\*](https://eclkc.ohs.acf.hhs.gov/es/publicacion/entornos-de-aprendizaje-ludicos-y-divertidos-para-bebes-y-ninos-pequenos*)

## Webinars

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Highly Individualized Practices Series

<https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/highly-individualized-practices-series>

Learning to Play and Playing to Learn in Home Environments

<https://eclkc.ohs.acf.hhs.gov/video/learning-play-playing-learn-home-environments>

BabyTalks

- Playful Learning Environments for Infants and Toddlers  
<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/babytalks>
- Supporting Infants and Toddlers with Disabilities or Suspected Delays  
<https://eclkc.ohs.acf.hhs.gov/video/supporting-infants-toddlers-disabilities-or-suspected-delays>
- Supporting Messy Play with Infants and Toddlers  
<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/babytalks>
- Playing to Learn: Benefits of Play in Early Childhood  
<https://eclkc.ohs.acf.hhs.gov/video/playing-learn-benefits-play-early-childhood>

## Teacher Time

- Inclusive Learning Environments for Infants and Toddlers  
<https://eclkc.ohs.acf.hhs.gov/learning-environments/teacher-time-series/inclusive-learning-environments-infants-toddlers>
- Learning Materials that Promote Inclusion for Infants and Toddlers  
<https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/learning-materials-promote-inclusion-infants-toddlers>
- Supporting Infant Toddler Families Through Inclusion  
<https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/supporting-infanttoddler-families-through-inclusion>

## Advancing Racial and Ethnic Equity in Head Start

<https://eclkc.ohs.acf.hhs.gov/culture-language/article/advancing-racial-ethnic-equity-head-start>

## Resource Collections

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Equity, Inclusiveness, and Cultural and Linguistic Responsiveness\* (some key resources available in Spanish)

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/equity-inclusiveness-cultural-linguistic-responsiveness>

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/equidad-inclusion-y-receptividad-cultural-y-linguistica>\*