## **Chapter 2: Preparedness**

### What is Mitigation?

Mitigation is similar to preparedness and involves reducing the seriousness or severity of disasters or emergencies. It is also a way of preventing future emergencies or disasters. Use the following checklist to ensure you are mitigating your program's risks.

#### **Mitigation Checklist**

| Program name: | Date: |
|---------------|-------|
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This checklist identifies common structural and nonstructural hazards for early care and education programs. Use this list to prepare a work order for your program. After review, consider what changes can be made in your program that can reduce damage or injury in the event of an emergency.

|  | Issue  | Yes | No | Steps to Mitigate Risk  |
|--|--|-----|----|---|
|  | Large appliances (refrigerators): braced to wall?                            |     |    | Large appliances should be anchored to wall studs or masonry, not drywall.  |
|  | Cabinets: braced to wall?  |     |    | Cabinets should be anchored to the wall studs or masonry, not drywall.  |
|  | Shelves/bookshelves: braced to wall?   |     |    | Shelves/bookshelves should be anchored to wall studs or masonry, not drywall.   |
|  | Dressers: braced to wall?  |     |    | Dressers should be anchored to wall studs or masonry, not drywall.  |
|  | Changing tables: braced to wall?   |     |    | Changing tables should be anchored to wall studs or masonry, not drywall  |
|  | Blackboards/projection screens/<br>televisions: safely hung on a stud?       |     |    | Make sure that blackboards/<br>projection screens/televisions are<br>secured safely to a stud.  |
|  | Fish bowls/animal habitats: safely secured so they do not slide off shelves? |     |    | If you have fish bowls/animal habitats, ensure that the shelve has a lip to prevent the bowls/ habitats from slide off and injuring the animal and/or children. |
|  | Fire extinguishers: mounted to wall?   |     |    | Make sure that fire extinguishers are mounted to the wall using clips that make them easy to take down and use in case of a fire.                               |

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# Mitigation Checklist continued...

|      | Issue   | Yes | No | Steps to Mitigate Risk  |
|------|---|-----|----|---|
|      | Lamps: safely secured so they do not slide off shelves?   |     |    | Secure lamps with hooks or earthquake putty.  |
|      | Pictures: braced to wall or safely secured so they do not slide off shelves?                      |     |    | Use closed hooks or earthquake putty to secure pictures to walls. Move heavier items to lower shelves.  |
|      | Lightweight or tall room dividers: braced by interconnecting them?                                |     |    | Lightweight room dividers are safer in case of emergency. Interconnecting them will help brace them.  |
| EXIT | Exit signs and emergency lights: safely secured and functioning?                                  |     |    | For Centers, check that exit signs and emergency lights are working and can be seen from the hallway.  For Child Care Homes, check that exit signs and emergency lights are working and are placed above the exits where it can easily be seen.         |
|      | Chemicals and/or cleaning products: secured in cabinet?   |     |    | Use baby-proof cabinet locks to secure cabinet doors to prevent chemicals and/or cleaning products from falling out.  Alternatively, use latching cleaning cabinets to hold chemicals and/or cleaning products. Remember to brace all cabinets on wall! |
|      | Blocks and heavy objects: stored on lowest shelves?   |     |    | Store blocks and other heavy objects on the lowest shelves to prevent injuries.   |
|      | Heavy or sharp items (such as metal trucks or dollhouses): stored on shelves with ledge barriers? |     |    | Store heavy or sharp items on shelves with ledge barriers to prevent injuries from falling objects.   |

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