



Safety and Injury Prevention Resource List

Many evidence-based, science-informed resources are available to home visitors, families, and health professionals. The following resource list includes websites, print materials, and tools about general injury prevention and specific safety and injury prevention topics that may be relevant to children and families. Some resources may be found in multiple languages.

National Websites on Safety and Injury Prevention

- American Academy of Pediatrics (English and Spanish)
<https://www.healthychildren.org/>
- Centers for Disease Control and Prevention (CDC)
<https://www.cdc.gov/injury/>
- Children's Safety Network
<https://www.childrenssafetynetwork.org>
- National Center for Healthy Housing
<http://www.nchh.org>
- National Highway Traffic Safety Administration
<https://www.nhtsa.gov/parents-and-caregivers>
- National Resource Center for Health and Safety in Child Care and Early Education (NRC) Caring for Our Children: National Health and Safety Standards; Guidelines for Early Care and Education Programs
<http://nrckids.org/CFOC>
- National Safety Council
<http://www.nsc.org>
- Nemours (English and Spanish)
<http://kidshealth.org>
- Prevent Child Injury
<https://www.preventchildinjury.org>
- Recalls.gov¹
<https://www.recalls.gov>
- Safe Kids Worldwide (Safe Kids)
<https://www.safekids.org/>
- U.S. Consumer Product Safety Commission (English and Spanish)
<http://www.cpsc.gov/>

¹ includes recall alerts from Consumer Product Safety Commission, Environmental Protection Agency, Food and Drug Administration, National Highway Safety Transportation Administration, US Coast Guard, US Department of Agriculture



Head Start Early Childhood Learning & Knowledge Center (ECLKC)

- *National Center on Early Childhood Health and Wellness (NCECHW)*
<https://eclkc.ohs.acf.hhs.gov/health>
- *10 Actions to Create a Culture of Safety*
<https://eclkc.ohs.acf.hhs.gov/publication/10-actions-create-culture-safety>
- *Active Supervision*
<https://eclkc.ohs.acf.hhs.gov/safety-practices/article/active-supervision>
- *A Home Visitor's Guide to Safety Conversations*
<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/guide-to-safety-conversations.pdf>
- *Guiding Questions for Active Supervision and Safety: Using the Head Start Management Systems Wheel*
<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/guiding-questions.pdf>
- *Injury Prevention Starts at Home!*
<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/home-safety-english.pdf>
- *Keeping Children Safe in Vehicles: A Guide for Families and Caregivers (English and Spanish)*
<https://eclkc.ohs.acf.hhs.gov/transportation/article/child-passenger-safety>
- *Safety and Injury Prevention: Health Tips for Families*
<https://eclkc.ohs.acf.hhs.gov/publication/safety-injury-prevention-health-tips-families> (English)
<https://eclkc.ohs.acf.hhs.gov/es/administracion-de-los-servicios-de-salud/articulo/serie-de-consejos-para-los-gerentes-de-salud> (Spanish)
- *Safety and Injury Prevention: Tips for Health Managers*
<https://eclkc.ohs.acf.hhs.gov/health-services-management/article/tips-health-managers-series>
- *Tips for Keeping Children Safe: A Developmental Guide*
<https://eclkc.ohs.acf.hhs.gov/safety-practices/article/tips-keeping-children-safe-developmental-guide>
- *Tips for Keeping Infants and Toddlers Safe: A Developmental Guide for Home Visitors*
<https://eclkc.ohs.acf.hhs.gov/safety-practices/article/tips-keeping-infants-toddlers-safe-developmental-guide-home-visitors>



Resources on Specific Topics

Airway Obstruction (Choking and Strangulation)

- *Are Your Window Coverings Safe?*
<https://www.cpsc.gov/Global/Safety%20Education/Furniture%20Furnishings%20%20Decorations/5009aWindowCoveringsSafetyAlert6.pdf>
- *Baby Safety Shower*
<https://www.cpsc.gov/s3fs-public/207%20Baby%20Safety%20ShowerHowtoKit.pdf> (English)
https://www.cpsc.gov/s3fs-public/206s_1.pdf (Spanish)
- *Button Battery Dangers*
<http://www.cpsc.gov/PageFiles/163140/buttonbattery.pdf>
- *Button Battery Safety Tips*
<https://www.safekids.org/tip/button-battery-safety-tips-pdf>
- *Choking and Strangulation Prevention Tips*
<http://www.safekids.org/tip/choking-and-strangulation-prevention-tips>
- *Drawstrings Not Allowed*
<https://onsafety.cpsc.gov/blog/2012/05/08/drawstrings-not-allowed>
- *Infants and Toddlers Can Strangle in Baby Monitor Cords*
<https://www.cpsc.gov/s3fs-public/5066.pdf> (English)
<https://www.cpsc.gov/s3fs-public/5066s.pdf> (Spanish)
- *Magnets Information Center*
<https://www.cpsc.gov/Safety-Education/Safety-Education-Centers/Magnets>
- *Small Parts Regulations*
<http://www.cpsc.gov/PageFiles/103070/regsumsmallparts.pdf>
- *Strings, Cords and Necklaces Can Strangle Infants*
<https://www.cpsc.gov/s3fs-public/5095.pdf>
- *Testing for Choking Hazards: A Guide for Parents, video*
<https://www.youtube.com/watch?v=prb8ThluARQ>
- *Toy Safety*
<https://www.preventchildinjury.org/toolkits//toy-safety>

Bicycle/Tricycle/Riding Toy Safety

- *Baby On Board: Keeping Safe on a Bike* (English and Spanish)
<https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Baby-On-Board- Keeping-Safe-On-A-Bike.aspx>
- *Bicycle Helmets: What Every Parent Should Know* (English and Spanish)
<https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Bicycle-Helmets- What-Every-Parent-Should-Know.aspx>
- *Bike Safety: Live to Ride Another Day*
<https://www.nsc.org/home-safety/tools-resources/seasonal-safety/summer/bicycles>
- *The Bicycle Helmet Safety Institute*
<https://helmets.org>



Dog Bite Prevention

- *Dog Bite Prevention*
<https://www.avma.org/public/Pages/Dog-Bite-Prevention.aspx>
- *Preventing Dog Bites*
<https://www.cdc.gov/features/dog-bite-prevention/index.html>

Fire/Burn/Scald Prevention

- *American Burn Association*
<http://ameriburn.org>
- *Avoiding Tap Water Scalds*
<https://www.cpsc.gov/s3fs-public/5098.pdf>
- *Burns and Scalds Prevention Tips*
<https://www.safekids.org/tip/burns-and-scalds-prevention-tips>
- *Burn Prevention Foundation*
<http://burnprevention.org>
- *Fire Escape Plans*
<https://www.preventchildinjury.org/toolkits/fire-escape-plans>
- *Fire Safety*
<https://www.safekids.org/fire#sthash.ddS2ioDF.dpuf>
- *Food and Drink Scalds*
<https://www.preventchildinjury.org/toolkits/food-and-drink-scalds>
- *National Fire Protection Association, Safety Tip Sheets*
<http://www.nfpa.org/safety-information/safety-tip-sheets> (multiple topics)
<http://www.nfpa.org/safety-information/safety-tip-sheets/easy-to-read-handouts-in-other-languages> (multiple languages)
- *Protect the Ones You Love: Child Injuries are Preventable - Burn Prevention*
<http://www.cdc.gov/safechild/burns>
- *Smoke Alarms*
<http://www.cpsc.gov//PageFiles/119012/smokealarms.pdf>
- *US Fire Administration*
<https://www.usfa.fema.gov/prevention/outreach/children.html>



Fall Prevention

- *5 Minutes of Prevention*, video
<http://youtu.be/iq-LcJEILzc>
- *Falls*
<https://www.safekids.org/falls>
- *HEADS UP to Parents*
<https://www.cdc.gov/headsup/parents/index.html>
- *Kids Can't Fly!*
<http://www.mass.gov/eohhs/docs/dph/com-health/injury/window-safety-kids-cant-fly.pdf>
- *Preventing Window Falls*
<http://www.cpsc.gov/PageFiles/121528/5124.pdf>
- *Protect the Ones You Love: Child Injuries Are Preventable - Fall Prevention*
<http://www.cdc.gov/SafeChild/Falls/>
- *Windows are Vital to Survival, but Keep Safety in Mind*
<http://www.nsc.org/learn/safety-knowledge/Pages/about-national-window-safety-week.aspx>
- *Windows Coverings Safety Public Service Announcement*, video
<http://youtu.be/mVSQcFduNac> (English)
<http://www.youtube.com/watch?v=G9pIPOTzmDA> (Spanish)
- *Window Guards and Stops Fact Sheet* (English and Spanish)
<https://www.preventchildinjury.org/toolkits/window-falls>
- *Window Safety*
<http://www.cpsc.gov//PageFiles/116335/windowsafety.pdf> (English)
<http://www.cpsc.gov//PageFiles/116381/windowsafetysp.pdf> (Spanish)
- *Window Safety Checklist*
https://www.nsc.org/Portals/0/Documents/NSCDocuments_Advocacy/Fact%20Sheets/Window_Safety_List.pdf

Gun Safety

- *Asking Saves Kids (ASK)*
<http://www.askingsaveskids.org>
- *Child Access to Firearms in the US*
<http://www.childrenssafetynetwork.org/sites/childrenssafetynetwork.org/files/Child-Access.pdf>
- *Gun Safety Tips*
<http://www.safekids.org/tip/gun-safety-tips>
- *Guns in the Home*
<http://www.healthychildren.org/English/safety-prevention/all-around/Pages/Reduce-the-Risk-of-Gun-Injury.aspx>



Playground Safety

- *National Program for Playground Safety*
<http://playgroundsafety.org>
- *Playground Safety*
<https://www.preventchildinjury.org/toolkits/playgrounds-safe-surfaces>
- *Playground Safety Publications from the Consumer Product Safety Commission (CPSC)*
<http://www.cpsc.gov/Safety-Education/Safety-Guides/Sports-Fitness-and-Recreation/Playground-Safety/>
 - *Home Playground Safety Checklist*
<http://www.cpsc.gov//PageFiles/122140/pg1.pdf> (English)
<http://www.cpsc.gov//PageFiles/122140/323s.pdf> (Spanish)
 - *Outdoor Home Playground Safety Handbook*
<http://www.cpsc.gov/PageFiles/122146/324.pdf>
 - *Public Playground Safety Checklist*
<https://www.cpsc.gov/safety-education/safety-guides/playgrounds/public-playground-safety-checklist>
- *Protect the Ones You Love: Child Injuries Are Preventable - Playground Safety*
<https://www.cdc.gov/safecild/playground/index.html>
- *The Dirty Dozen*
<https://dphhs.mt.gov/Portals/85/hcsd/documents/ChildCare/STARS/Kits/DirtyDozenPlaygroundHazards.pdf>



Poison Prevention

- *Carbon Monoxide*
<https://www.nfpa.org/Public-Education/By-topic/Fire-and-life-safety-equipment/Carbon-monoxide>
- *Even Plants Can Be Poisonous*
<http://nrckids.org/files/appendix/AppendixY.pdf>
- *Laundry Detergent Packets*
<https://www.preventchildinjury.org/toolkits/laundry-detergent-packets?rq=laundry%20detergent%20packets>
- *Liquid Nicotine*
<https://www.preventchildinjury.org/toolkits/2015/9/1/liquid-nicotine-toolkit?rq=liquid%20nicotine>
- *Medication Safety*
<https://www.preventchildinjury.org/toolkits/medicationsafety?rq=medication%20safety>
- *Medication Safety Program*
<https://www.cdc.gov/medicationsafety/>
- *Opioid Medication: A Risk for Children and Teens*
<https://www.childrenssafetynetwork.org/infographics/opioid-medication>
- *Poison*
<https://www.safekids.org/poisonsafety#sthash.SYbE2JdO.dpuf>
- *Is Your Home Poison Safe? Infographic*
<https://piper.filecamp.com/public/file/2qti-e5ojs9hh>
- *Poison In the Home*
<https://aapcc.org/prevention/home>
- *Prevention and Management of Toxic Substances*
<http://nrckids.org/CFOC/Database/5.2.9>
- *Prevent a Poisoning, video*
<http://youtu.be/F44zfb6G4ZU>
- *Prevent a Poisoning: Think Outside the Box, video*
<http://youtu.be/fkRkZ7iQkro>
- *Put Your Medicines Up and Away and Out of Sight*
<http://www.cdc.gov/Features/MedicationStorage/>
- *The “Invisible” Killer, Carbon Monoxide Poisoning*
<http://www.cpsc.gov//PageFiles/121843/464.pdf>
- *Single-Load Liquid Laundry Packets: Harmful to Children*
<https://cpsc.gov/s3fs-public/390%20Laundry%20Packets.pdf>
- *Up and Away*
<http://www.UpAndAway.org>



Preventing Tip-Overs

- *1 Child Dies Every 2 Weeks: Tipover Dangers*
<https://www.cpsc.gov/safety-education/safety-guides/furniture-furnishings-and-decorations/1-child-dies-every-two-weeks>
- *Anchor It! Secure Furniture and TVs: Protect Children*
<https://www.anchorit.gov>
- *Tip-Over Information Center* (English and Spanish)
<http://www.cpsc.gov/en/Safety-Education/Safety-Education-Centers/Tipover-Information-Center>
- *TV Tip-Overs*
<https://www.preventchildinjury.org/toolkits//tv-tip-overs>

Safe Sleep, Preventing SIDS, SUIDS, and Suffocation

- *A Safer Generation of Cribs*
<http://www.cpsc.gov/PageFiles/163319/cribrules.pdf>
- *Air Mattresses Are Not for Infants*
<https://www.cpsc.gov/s3fs-public/5222.pdf>
- *Bare is Best*
<http://www.cpsc.gov/PageFiles/149634/bareisbest.pdf>
- *CPSC Cautions Caregivers about Hidden Hazards for Babies on Adult Beds*
<http://www.cpsc.gov/s3fs-public/5091.pdf> (English)
<https://www.cpsc.gov/s3fs-public/5091s.pdf> (Spanish)
- *Crib Information Center* (English and Spanish)
<https://www.cpsc.gov/Safety-Education/Safety-Education-Centers/cribs>
- *Safe Sleep*
<https://www.aap.org/en-us/about-the-aap/aap-press-room/campaigns/Safe-Sleep/Pages/default.aspx>
- *Safe to Sleep*
<https://www1.nichd.nih.gov/sts/Pages/default.aspx>
- *Sudden Infant Death Syndrome (SIDS)* (English and Spanish)
<https://kidshealth.org/en/parents/sids.html>
- *Stroller Safety*
- *How to Buy a Safe Stroller* (English and Spanish)
<https://www.healthychildren.org/English/safety-prevention/on-the-go/Pages/How-to-Buy-a-Safe-Stroller.aspx>
- *New Stroller and Carriage Safety Standard: What It Means*
<https://onsafety.cpsc.gov/blog/2014/03/05/new-stroller-and-carriages-safety-standard-what-it-means/>



Passenger Safety

- *Air Bag Safety* (English and Spanish)
<https://www.healthychildren.org/English/safety-prevention/on-the-go/Pages/Air-Bag-Safety.aspx>
- *Car Seats and Booster Seats*
<https://www.nhtsa.gov/equipment/car-seats-and-booster-seats>
- *Car Seat Inspection Locator*
<https://www.nhtsa.gov/equipment/car-seats-and-booster-seats#install-inspection>
- *Car Seat Installation Information: Seat Belts & LATCH* (English and Spanish)
<https://www.healthychildren.org/English/safety-prevention/on-the-go/Pages/Car-Seat-Installation-Information-Seat-Belts-LATCH.aspx>
- *Child Passenger Safety*
<http://www.cdc.gov/vitalsigns/childpassengersafety>
- *If You're Pregnant: Seat Belt Recommendations for Drivers and Passengers*
<https://www.nhtsa.gov/sites/nhtsa.dot.gov/files/documents/pregnant-seat-belt-use.pdf>
- *National Child Passenger Safety Certification*
<http://cert.safekids.org>
- *Where's Baby? Look Before You Lock*
<https://www.acf.hhs.gov/ecd/interagency-projects/look-before-you-lock>

Water Safety/Preventing Drowning and Near-Drowning

- *Hidden Drowning Dangers Inside and Around the Home*, video
<http://youtu.be/JGhKqg9ige0>
- *Household Safety: Preventing Drowning*
<https://kidshealth.org/en/parents/safety-drowning.html>
- *Pool Safely: Safety Tips for Parents*
<https://www.poolsafely.gov/parents/>
- *Portable Pools*
<https://www.preventchildinjury.org/toolkits//portable-pools>
- *Prevent Child In-Home Drowning Deaths*
<https://www.cpsc.gov/s3fs-public/PreventChildInHomeDrowningDeaths.pdf>
- *Stop Drowning Now*
<http://www.stopdrowningnow.org>
- *Swimming Safety Tips*
<https://www.safekids.org/tip/swimming-safety-tips>
- *Water-Related Injuries*
<https://www.cdc.gov/homeandrecreationalafety/water-safety/index.html>
- *Water Safety at Home*
<http://www.safekids.org/watersafety>
- *Water Safety: Tips for Parents of Young Children*
<https://www.healthychildren.org/English/safety-prevention/at-play/pages/Water-Safety-And-Young-Children.aspx>