



SHORT VIDEO INFORMATION SHEET

Me and You

This duo of two short videos, “Me and You” and “Tu y yo” (Spanish), explores the important impact of adults on the growth and development of infants and toddlers. “Tu y yo” (Spanish) contains extended content related to specific practices between adults and children that enrich children’s experiences.

Reflection Questions

- What does this video say about how adults interact with children? What is the same or different than what I do in everyday care.
 - How do I show the children in my care that they are valued?
 - In my role as a home visitor or teacher, how do I enhance or strengthen the relationship between children and their families? What are some strategies I use to help parents connect to their children as individuals?
 - What expectations do the families and communities I serve have for interacting with their children? How are those expectations the same or different from those of my own family or community?
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Related Resources:

- *News You Can Use: Early Experiences Build the Brain* (June 2013).
<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/news-you-can-use-early-experiences-build-brain>
- *News You Can Use: Foundations of School Readiness: Social Emotional Development* (June 2013).
<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/news-you-can-use-foundations-school-readiness-social-emotional-development>

- *California Infant/Toddler Learning & Development Foundations* (Sacramento, CA, 2009). <https://www.cde.ca.gov/sp/cd/re/documents/itfoundations2009.pdf>

Relevant Head Start Program Performance Standards

§1302, Subpart C - Education and Child Development Program Services

§1302.30 Purpose

§1302.31 Teaching and the learning environment

§1302.33 Child screening and assessments

§1302.34 Parent and family engagement in education and child development services

§1302.35 Education in home-based programs

§1302, Subpart E- Family and Community Engagement Services

§1302.51 Parent activities to promote child learning and development

§1302.52 Family partnership services

If you do not have a copy of the *Head Start Program Performance Standards* and would like to view them electronically, you can use the following link to the ECLKC:

<https://eclkc.ohs.acf.hhs.gov/policy/45-cfr-chap-xiii>

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