



EXPLORE THE OUTDOORS TOGETHER

When children play outside in nature, it gives them the chance to explore their senses—by touching, seeing, smelling, hearing, and sometimes tasting things! They also learn to solve problems and observe the world around them. Researchers have found that when young children spend time outside in nature, it helps them learn.

HERE ARE SOME WAYS TO ENCOURAGE YOUR CHILD’S STEAM LEARNING WHILE EXPLORING TOGETHER OUTSIDE.

CHOOSE SOMETHING TO EXPLORE

Collect and explore different rocks or leaves; observe different insects, trees or plants.

- “Let’s observe plants!”

I FOUND A LEAF!



OBSERVE AND ASK QUESTIONS

Describe what your child is looking at. Ask questions that let them explain what they see.

- You’re touching the stem. It’s long and thin.
- What does the dandelion smell like?
- Why do you think the dandelion turned white?

I WONDER WHAT WILL HAPPEN WHEN YOU BLOW ON THIS DANDELION?



RECORD WHAT YOU EXPLORED

Document what you observed by doing one of the following:

- Draw a picture
- Create a journal
- Take a photo

