



## CHANGE OR REDUCE: FACILITATOR GUIDE

**Activity overview:** Participants practice how to make a task or activity easier by changing or reducing the steps a child needs to complete it.

**Directions:** Before the presentation, copy the two scenarios below onto separate, large pieces of paper and post them on the wall.

Divide participants into two groups, and have them gather by the two scenarios. Ask each group to read their scenario and then below it, write down suggestions for simplifying the task or activity. At a designated time, ask the groups to switch to the other large piece of paper and add new ideas. Reconvene the group for a discussion, if time allows.

**Note:** Change the scenarios to match participant situations if desired.

### EXAMPLE:

#### SCENARIO 1

Child has low vision and wears glasses with thick lenses.

Task or activity: Put paper in backpack

List the steps. How can you change the steps? What parts may be reduced and why?

#### 1. The steps:

- A. Get backpack from cubby.
- B. Set backpack down.
- C. Grasp zipper with one hand and hold backpack with other hand.
- D. Unzip backpack all the way to the end.
- E. Grasp paper.
- F. Put paper in backpack.
- G. Close by zipping backpack all the way to end.
- I. Put backpack in cubby.

#### 2. Changed steps:

Change Step B to "Set the backpack down on the nearest table."

#### 3. Reduced parts:

Eliminate Steps C, D, and G as the zipper may be too small.

#### SCENARIO 2

Child is a dual language learner whose home language is Vietnamese.

Task or activity: Listen to an audio book in the book area.

List the steps. How can you change the steps? What parts may be reduced and why?