

# MENONO IN EJMOUR ILO MWEO



NATIONAL CENTER ON  
Early Childhood Health and Wellness

*Jipān ko jān Opij eo an National Center on Early Childhood Health and Wellness*

## Jipān bobrae Kajjinōk: Jab kobatbat ilo mweo

### Etke Aurok?

- Ajri rorej aikuij pad ijoko ejjelok kobatbat ie, aolep iie.
- Baat ko jān rojet rej kwalok kajjinōk, ijoke kwomaroñ jab pad epaki.
- Baat ko jān jika im e-jika ko ewor chemical ko, ekoba ko rej kōmman cancer.

### Ta e-jika ko ak Vapes?

E-jikka ko rej kwalok molawi in den eo ewor nicotine ie. Molawi in ejab ejjelok jorren ie im emaroñ kakkure er ko an ajri eo ilo air rittolok

### Ta in Kajjinōk?

Kajjinōk ej juon wāwein eo ej kōmman bwe en laplok im aidiklok ial in koto ko ilo er. Wāwein ekōmman bwe en walok kajjinōk.

### Ta baat ko rej secondhand?

Baat ko rej secondhand rej baat ko jān jikka ilo mejatoto. Ej bat eo armij rej menonoik jān jikka ko. Pipe ak jikar ko

### Thirhand baat?

Thirhand baat eh baat eo ej pad ion men ko ak nuknuk ko mene ededelok ak juon kobatat



## Men ko kwomaroñ kōmmani ñan jipān ajri eo nejjum

- Men eo elukkun lap tokjen kwomaroñ kōmmane ñan jipān juon ajri ewor ñaninmij in kajjinōk ej bwe en ejjelok kobatat ilo mweo.
- Secondhand baat ej jabemman.
- Secondhand emaroñ kōmman jorren ko.
- Kinke ajri ro redik im rej eddōk lok wōt, secondhand baat ko elaplok air kawatat ñan ir jān ritto ro.
- Ajri ro ilo aujpital kin air kajjinōk elonlok jān ñaninmij ko jet
- Ajri ro ewor ñaninmij in kajjiinok, elonlok raan in air jako jān raan in jikuul jān ajri ro ejjelok air ñaninmij in kajjinōk.
- Elññe juon ajri ewor an ñaninmij in kajjinōk, secondhand baat ko kōmman bwe en lukkun kajjinōk.
- Pad turin secondhand baat ewmaroñ kōmman bwe ajri ro ejjelok air ñaninmij in kajjinōk en wor kokkale in kajjinōk ippair.
- Chemical ko jān baat in jikka(thirhand smoke) remaroñ pad mejatoto im ion nuknuk ko iumin elon raan ak wiik alkin an moj kunne jikka eo.
- Secondhand baat ej jab emman
- Taktō in ajri eo am emaroñ jipa eok ak ro jet jolok jikka.



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