

Podcast 8, Caring Connections, Let's Talk About Empathy Information Sheet

This Month's Topic: Empathy

Description: Babies and toddlers are learning about how others feel. Empathy is an important part of self-awareness and an important social skill. This podcast will offer information on helping children understand the impact of their actions and offer tips for home visitors and caregivers on teaching empathy to very young children.

Resources Referred to in this Podcast:

Websites and On-Line Resources:

Early Head Start National Resource Center (EHS NRC) website: [http:// www.ehsnrc.org](http://www.ehsnrc.org)

Early Childhood Knowledge and Learning Center (ECLKC) <http://eclkc.ohs.acf.hhs.gov>

The following events are referred to in this podcast:

The Mind, the Brain and Relationships: Supporting Children's Social-Emotional Development. Siegel, Daniel. Birth To Three Institute. June 26, 2007. Washington, DC. HHS/ACF/OHS. 2007. English. Streaming Video. Available on-line at <http://eclkc.ohs.acf.hhs.gov/hslc/resources/cinema/Birth%20to%20Three%20Plenary%20Conference%20Videos/BirthtoThreeOp.htm>

To find more multimedia resources for Early Head Start or Migrant and Seasonal Head Start programs, go to: <http://eclkc.ohs.acf.hhs.gov/hslc/resources/cinema>

Featured Video:

Resources for Infant Educators (RIE). *On Their Own with Our Help* [Video]. Los Angeles, CA: RIE.

Head Start Program Performance Standards Relevant to the Content in this Podcast:

1304.21(b) (2) Grantee and delegate agencies must support the social and emotional development of infants and toddlers by promoting an environment that: (i) Encourages the development of self-awareness, autonomy, and self-expression; and (ii) Supports the emerging communication skills of infants and toddlers by providing daily opportunities for each child to interact with others and to express himself or herself freely.

If you do not have a copy of the *Head Start Program Performance Standards* and would like to view them electronically, you can use the following link to the ECLKC:

<http://eclkc.ohs.acf.hhs.gov/hslc/Program%20Design%20and%20Management/Head%20Start%20Requirements/Head%20Start%20Requirements>