

Child Care Health Consultation: Skill Building Modules

What is Child Care Health Consultation: Skill Building Modules?

Child Care Health Consultation: Skill Building Modules is a series of learning activities developed for child care health consultants (CCHCs) by the National Center on Early Childhood Health and Wellness (NCECHW). The activities incorporate realistic scenarios to help CCHCs understand the early care and education environment and strengthen their skills in building trusting and collaborative relationships with ECE providers. Strong relationships are key to effective consultation.

How long is each activity?

Allow 15-30 minutes to complete each activity and review the reflective feedback. You don't have to complete them all at once. You can complete the activities in any order; however, consider doing *Build Trust with Programs* last – it's a great culmination of the skills developed in other activities.

How can I use these activities?

- Complete these activities to strengthen your ability to collaborate with directors, teachers, and family child care providers to promote health, safety, and wellness.
- Use the activities to supplement training in core areas of health and safety in ECE settings, such as [safety practices](#), [physical health](#), [oral health](#), [nutrition](#), and [mental health](#).
- Share the activities with other professionals who work with ECE programs, such as Head Start Health Managers, nutrition specialists, and mental health consultants.
- Include the activities in professional development offered through state, tribal, or territorial training programs, QRIS programs, and other CCHC training systems.

Where can I find more resources to support my work as a child care health consultant?

- [Caring for Our Children, 3rd Edition](#) includes national health and safety performance standards for ECE settings.
- [The National Standards Crosswalk Tool](#) allows you to compare a variety of national standards with your state-specific licensing or quality rating and improvement standards (QRIS).
- [The Virtual Early Education Center](#) is an online tool where you can learn more about health and safety-focused ECE best practices.
- [The Head Start Program Performance Standards](#) include health and safety requirements for Head Start programs.
- [Caring for Our Children Basics](#) (CFOCB) represents the minimum health and safety standards that should be in place for children cared for outside of their homes.
- The [Caring for Our Children Basics Program Review Tool](#) provides a simple format for States and Territories to compare their current early childhood program requirements and standards against the recommended health and safety standards in CFOCB.
- [Child Care and Development Fund Health and Safety Requirements](#) provides an overview of health and safety training requirements for center based and home-based child care settings

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