

While you are waiting for the webinar to begin, please introduce yourself in the chat box:

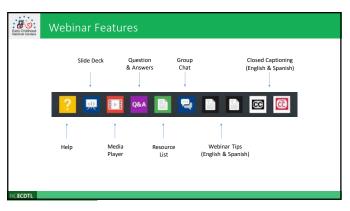
- Tell us your name
- What is your current role, and
- How long have you been in this role?

Participation Note:

We love WI-Fi, but for the best webinar experience, please make sure you are hardwired to an Ethernet cable.
Using WI-Fi alone may result in problems with viewing the short videos we plan to share during this webinar.

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Session Objectives

At the end of this presentation, you should be able to:

- Explore the expectations and benefits for families enrolled in home-based programs
- Review how alignment of program goals and family goals increase family engagement
- Identify possible barriers to family engagement and share strategies to reduce them
- Review resources that support engaging families

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Poll Question

Which statement best describes you in your role?

- A. I am a home visitor and directly engage with families
- B. I am a parent or guardian and directly engage in home-based services
- C. I am a manager, supervisor, or coordinator and directly support those providing home-based services
- $\hbox{D.} \ \ \mbox{I am a coach and directly support those providing home-based services}$
- ${\sf E.} \quad {\sf I} \ {\sf am} \ {\sf an} \ {\sf administrator} \ {\sf or} \ {\sf director} \ {\sf and} \ {\sf directly} \ {\sf support} \ {\sf home-based} \ {\sf program} \ {\sf planning}$

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§ 1302.30–Education and Child Development Services

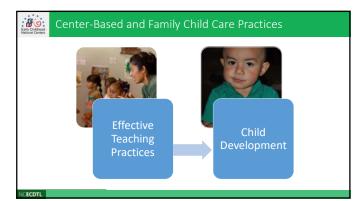
All programs must provide high-quality early education and child development services.

A center-based or family child care program must embed responsive and effective teacher-child interactions.

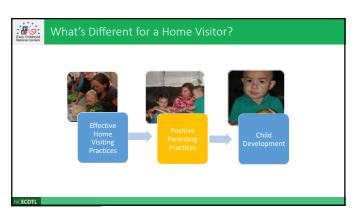
A home-based program must promote secure parent-child relationships and help parents provide high-quality early learning experiences.



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Home Visiting: A Unique Opportunity

"Home visiting isn't simply an alternative way to deliver services to children. Rather home visiting offers a unique approach—in purpose, outcomes and pathways—to enhance parenting behaviors that support children's early development."

- Helen Raikes, et al, 2014

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Expectations of Families in Home-Based

Expectations:

- · Actively participating in each home visit.
- Sharing information about their family and happenings during the week.
- Completing various program paperwork.
- Engaging in joint planning of home visit and socialization activities.
- Consistently communicating with home visitor and other program staff.



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Benefits for Families in Home-Based

Benefits:

- Consistent interaction and focus on the needs of the family.
- Individualized support of the parent's role.
- Activities focused on the parent and child.
- Joint planning to promote ongoing learning in the home.
- Opportunities to expand knowledge of child development and other areas of interest.



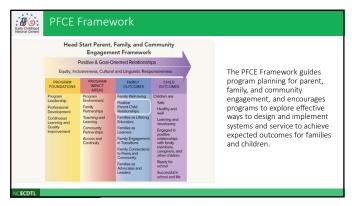




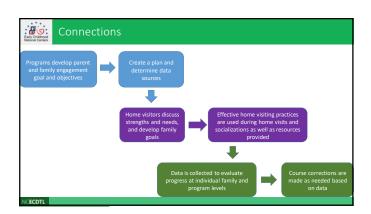
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Giving Families A Voice

Families tend to engage more when they have a voice in the program and family goal setting processes.

Engagement increases when families feel respected and that they are making meaningful contributions to the program and their child's learning.



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Common Barriers to Family Engagement

Some Common Barriers to Family Engagement

- Depression
- Substance Misuse
- Anxiety
- Attention Deficit Disorder
- Custody Issues
- Incarceration
- Food Insecurity
- Housing Issues
- Lack of parenting skills





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Poll

Identify which of the following common challenging situations are impacting the families that you work with? (select all that apply) $\frac{1}{2} \left(\frac{1}{2} + \frac{1}{2} +$

- Depression
- Substance Misuse
- Anxiety
- Attention Deficit Disorder
- Custody Issues
- Incarceration
- · Food Insecurity
- · Housing Issues
- Lack of parenting skills

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Potential Impacts on Home Visits

When families are facing challenging situations, it impacts their ability to be engaged in home visiting – probably at a time when they could use support the most!

Some of the impacts include:

- Parents disengaged...
- Financial insecurity...
- Reluctance...
- · Low priority...

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Strategies to Reduce Barriers to Family Engagement

Strategies to reduce barriers to family engagement:

- Strength-based Approaches
- Motivational Interviewing
- Family Connections: A Mental Health Consultation Model



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Strength-Based Approach

Remember to:

- · Recognize family strengths
- Follow the family's lead
- · Meet families where they are
- Connect families to services when they are ready
- Collaborate with the child's other primary caregivers
- Build relationships with other providers and programs in the community

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Motivational Interviewing Techniques

Five strategies for Motivational Interviewing:

- 1. Ask open-ended questions
- 2. Listen reflectively
- 3. Summarize
- 4. Affirm
- 5. Elicit self-motivational statements



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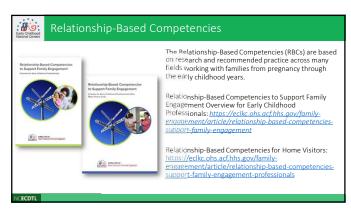
- · Having difficult conversations
- · Understanding depression across cultures
- Fostering Resilience
- Parenting through tough times
- Self-reflection as a professional tool
- Self-reflection in parenting
- Supportive supervision



https://eclkc.ohs.acf.hhs.gov/mental-health/article/family-connections-mental-health consultation-model#intro

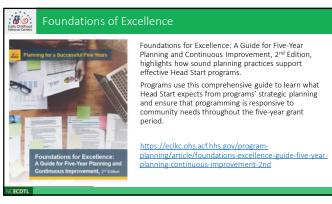
Slide source: National Center on Early Childhood Health and Wellness

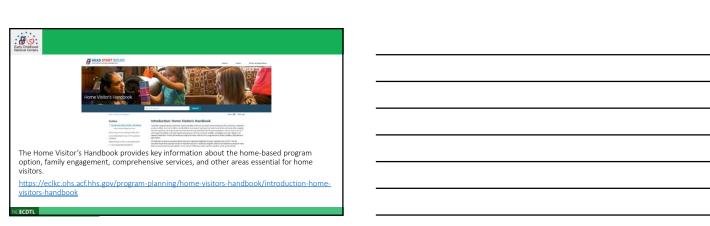




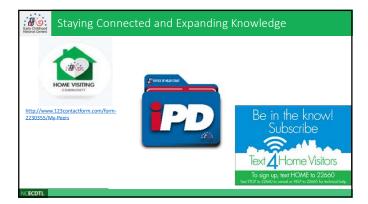














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