



## Advocacy and Leadership— Tips for Families: Every Day Leadership Skills

You use powerful leadership skills and abilities as you manage your household every day and guide your children in the little and big tasks of life. Here are just a few of the leadership skills you use every day.

### Lead

**Lead by example.** Act as a role model and hold yourself to high standards, such as being fair and honest and following through with commitments.

### Communicate

**Communicate and actively listen.** Use two-way communication without interrupting, and make your points calmly and clearly.

### Negotiate

**Negotiate.** Include everyone in making decisions when possible, but be able to make the final decision when necessary.

### Value

**Value feelings.** Understand and manage your own emotions and recognize and value the emotions of other people.

### Motivate

**Motivate and inspire others.** Engage people in ways that boost their enthusiasm and confidence about completing a task or achieving a goal.

### Be Positive

**Be positive and flexible.** Maintain a positive attitude by staying upbeat and optimistic. Be able to adjust and adapt when things do not go as planned.








### Accept

**Accept mistakes.** See mistakes as an opportunity for growth and learning.

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## Reflection Activity

Review the list of leadership skills. Which ones do you use often? Which ones do you want to use more often? Write down your thoughts.

	Ways I use this skill now	What I want to do to strengthen this skill
 <b>Lead</b>		
 <b>Communicate</b>		
 <b>Negotiate</b>		
 <b>Value</b>		
 <b>Motivate</b>		
 <b>Be Positive</b>		
 <b>Accept</b>		

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