

# Resources for Overarching Competencies 6-10-11 Health Education for Children, Families, and Staff

## Resources throughout the module:

[Building Health Literacy and Family Engagement in Head Start Communities: A Case Study](#)

[Head Start Early Learning Outcomes Framework](#)

[Health Tips for Families Series](#)

[Healthy Habits for Life](#)

[Multicultural Principles for Early Childhood Leaders](#)

[What is Health Literacy](#)

[Workplace Health Promotion](#)

## Developmental Milestones

[Birth to Five: Watch Me Thrive!](#)

[HealthyChildren.org – Ages and Stages](#)

[Learn the Signs. Act Early](#)

## Culturally and Linguistically Responsive Practices (CLRP)

[Dual Language Learners Program Assessment \(DLLPA\)](#)

[Office of Minority Health Resource Center](#)

[Raising Young Children in a New Country: Early Learning and Healthy Development Handbook](#)

[The National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care \(The National CLAS Standards\)](#)

## Health Literacy

[Culture, Language and Health Literacy](#)

[Health Education Curriculum Analysis Tool \(HECAT\)](#)

[Health Literacy Activities by State](#)

[Health Literacy Basics](#)

[National Action Plan to Improve Health Literacy](#)